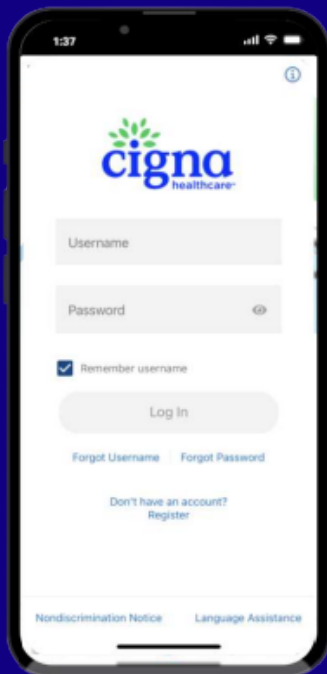


WELL-BEING SOLUTIONS[®] ACCESS GUIDE

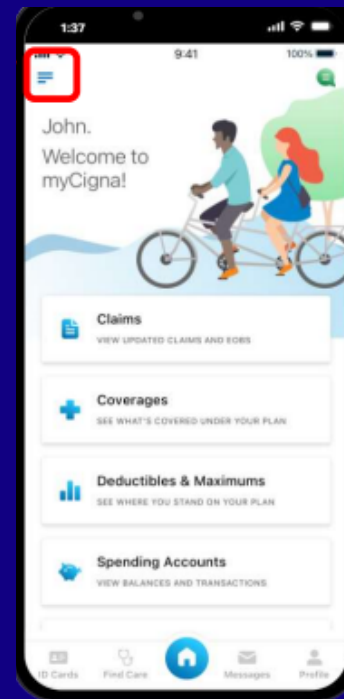
Quickly access the Well-Being Solutions (WBS) app through the myCigna platform.

1



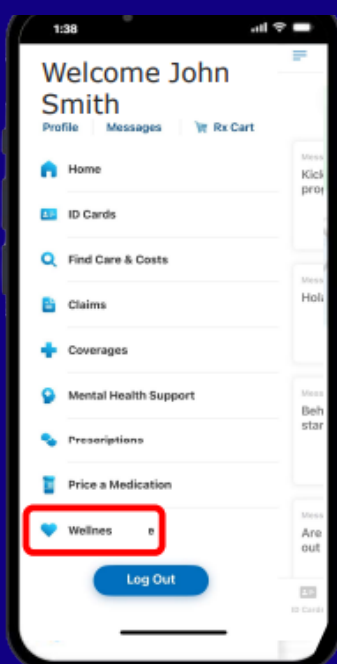
Open the myCigna[®] app and sign in using your Cigna account credentials.

2



Select the menu icon in the upper-left corner of the app.

3



Choose the Wellness tile to launch the Well-Being Solutions platform.

Need Help?

Contact your HR-Wellness team today!

Email HR-Wellness at:
wellness@transitchicago.com

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