

Movement & More in the Field

with Coach Travis

SEPTEMBER 2026

08
Sep

Lower Body Mobility

Tuesday | 12PM

Kimball Terminal

14
Sep

Lower Body Mobility

Monday | 12PM

Midway Terminal

21
Sep

Lower Body Mobility

Monday | 10AM

Kimball Terminal

28
Sep

Lower Body Mobility

Monday | 10AM

Midway Terminal

No registration is required!



wellness@transitchicago.com