

# Stories from the Streets

Guided by a licensed mental health professional\*, HR-Wellness is providing CTA employees with the opportunity to address concerns with their peers experiencing similar issues in an open forum.

**Wed, March 18**  
**North Park Garage**  
**11am-12:30pm**

**Fri, March 20**  
**Forest Glen Garage**  
**11am-12:30pm**

## *Navigating Daily Stressors on the Job*

- Difficult Passenger Interactions
- Safety Concerns
- Emotional Aftermath of Incidents
- Managing Long Shifts

*\*Sessions are non-therapeutic*



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