

Know your numbers


March 2 - 31



Take active steps towards better health with an onsite metric screening.

Metrics in **RED** will be taken at select locations.

Blood Glucose 

Resting Heart Rate 

Cholesterol Levels 

Body Height 

Body Weight 

Blood Pressure 

Body Mass Index 

Locations highlighted in yellow will offer Biometric Screenings that qualify for the Well-Being Solutions® program.

2026 Schedule

Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
Warehouse 7 am - 9 am	Harlem Terminal 11 am - 2 pm	Kimball Terminal 11 am - 2 pm	Forest Park Terminal 11 am - 2 pm	Rosemont Terminal 11 am - 2 pm
Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13
	Midway Terminal 11 am - 2 pm	Skokie Shops 11 am - 3 pm	West Shops 7 am - 11 am	Control Center 11 am - 2 pm
Monday, March 16	Tuesday, March 17	Wednesday, March 18	Thursday, March 19	Friday, March 20
95 th St. Terminal 11 am - 2 pm	Chicago Ave. Garage 10 am - 2 pm	Howard Terminal 10 am - 2 pm	77 th St. Garage 10 am - 2 pm	74 th St. Garage 10 am - 2 pm
Monday, March 23	Tuesday, March 24	Wednesday, March 25	Thursday, March 26	Friday, March 27
Forest Glen Garage 10 am - 2 pm	Kedzie Garage 10 am - 2 pm	*CTA Headquarters Bid Room 12 pm - 3 pm	North Park Garage 10 am - 2 pm	103 rd St. Garage 10 am - 2 pm
Monday, March 30	Tuesday, March 31			
	*CTA Headquarters 2AB 10 am - 3 pm	*CTA Headquarters is by Appointment ONLY		

