

Movement & More in the Field

with Coach Travis

AUGUST 2026

03
Aug

Stretch & Go

Monday | 10AM

South Shops

10
Aug

Stretch & Go

Monday | 10AM

Skokie Shops

17
Aug

Stretch & Go

Monday | 12PM

South Shops

24
Aug

Stretch & Go

Monday | 12PM

Skokie Shops

No registration is required!



wellness@transitchicago.com