Appendix G Notification Materials

(Direct Mailer, Transit Card, E-mail Blast, Newspaper Ads, Legal Notice, Village and Library Flyer, Media Release)



PROJECT OVERVIEW

After nearly 100 years of reliable service, the North Red and Purple Lines infrastructure is significantly past its useful life. Constructed between 1900 and 1922, these two lines provide a backbone of service to neighborhoods along the north lake shore. Together, the North Red and Purple Lines carry over 128,000 rail trips on an average weekday. This heavily relied upon transit service carries over 19 percent of all CTA rail trips on weekdays and 23 percent of all CTA rail trips on the weekend.

The Chicago Transit Authority (CTA) is proposing to make improvements to the North Red and Purple Lines to bring the existing transit asset into a state of good repair from north of Belmont station to the Linden terminal (9.5 miles). The project is intended to reduce travel times, improve access to job markets, better use existing transit infrastructure, provide access to persons with disabilities, and support the area's economic development initiatives.

ENVIRONMENTAL PROCESS OVERVIEW

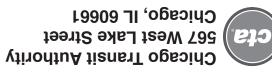
CTA and the Federal Transit Administration (FTA) have initiated this federal environmental process pursuant to the National Environmental Policy Act (NEPA) and are preparing a Tier 1 Environmental Impact Statement (EIS) for the project. This planning level EIS will help confirm the components of the project and support decisions about the entire Red Purple Modernization program. It will build upon the North Red and Purple Lines vision study that occurred from fall 2009 to fall 2010. The over 1,100 public comments received during the vision study helped shape the Tier 1 EIS alternatives. A Tier 1 EIS addresses broad, overall corridor issues such as general location, mode choice, land use impacts, and cumulative effects. The Tier 1 EIS is proposed to evaluate at least six alternatives: 1) No Action, 2) Basic Rehabilitation, 3) Rehabilitation with Transfer Stations, 4) Modernization 4-Track, 5) Modernization 3-Track and 6) Modernization 2-Track Underground. The Tier 1 EIS will describe the alternatives, the existing environmental setting, the potential impacts from construction and operation of each alternative and proposed mitigation measures to reduce or eliminate potential impacts. After this EIS process is complete, component projects can be implemented more quickly with specific project-level environmental documentation.

WHAT IS SCOPING?

You are invited to attend a public scoping meeting to learn more about the project and to provide feedback on the proposed alternatives, the purpose and need for the project, the proposed topics of evaluation and potential effects and mitigation measures to be included in the Tier 1 EIS. The process of determining the scope, focus and content of an EIS is known as "scoping." During the scoping process residents, as well as city, county, state, and federal agencies have an opportunity to provide feedback and comments. The purpose of the scoping process is to:

- · Identify public and agency concerns early in the environmental process
- · Define the issues and alternatives that will be examined in the FIS
- · Save time in the overall process and facilitate an efficient EIS preparation process.

За информацией на русском, звоните по телефону (312) 681-2712 欲知中文信息,请打电话到 (312)-681-2712



Chicago Transit Authority

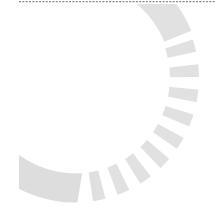


Come Participate in the January 24, 25, 26 & 27 2010 Scoping Meetings



Customer Information: 1-888-YOUR-CTA (1-888-968-7282) • CTA TTY: 1-888-CTA-TTY1 (1-888-282-8891) Transit Information: 836-7000 from any local area code RTA TTY: 312-836-4949

.





SCOPING MEETING DATES AND LOCATIONS

MONDAY, JAN. 24, 2011 6:00 to 8:30 p.m.

Uptown

St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

This location is served by: Red Line, #22, #36, #92, #81, Metra's UP North Line

WEDNESDAY, JAN, 26, 2011 6:00 to 8:30 p.m.

Rogers Park New Field Primary School 1707 W. Morse Ave.

Chicago, IL 60626 This location is served by:

Red Line, #22, #155, Metra's UP North Line **TUESDAY, JAN. 25, 2011** 6:00 to 8:30 p.m.

Edgewater

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

This location is served by: Red Line, #22, #36, #84

THURSDAY, JAN, 27, 2011 6:00 to 8:30 p.m.

Evanston Fleetwood-Jourdain **Community Center** 1655 Foster St. Evanston, IL 60201

This location is served by: Purple Line, #93, #208 (Pace)

MEETING AGENDA AND FORMAT

Open House: Learn about the project, review vision study outcomes and talk with project staff. Opportunities will be provided for you to enter formal comments into the public record.

SUBMIT COMMENTS

In addition to comments on the scope of the EIS received at the meeting, written scoping comments will be accepted until February 18, 2011 and may be submitted via mail, e-mail, fax or the project website with attention to: Steve Hands, Strategic Planning, Chicago Transit Authority, P.O. Box 7602, Chicago, IL 60680-7602.

Email: RPM@transitchicago.com Website: www.transitchicago.com/rpmproject Fax: (313) 681-4195

ADA AND LANGUAGE ACCOMMODATIONS

All of the meeting locations are accessible to people with disabilities. To receive an accessible format version of this notice, or if you require an interpreter, including sign language services, or other accommodations at this meeting, contact Jeff Wilson, CTA Government and Community Relations Officer, five days prior to the meeting at (312) 681-2712 or jwilson@transitchicago. com.





Red Purple Provecto de Modernización de **Modernization** las Líneas Roja y Project Púrpura



PROPOSED TIER 1 EIS ALTERNATIVES:

No Action Alternative

Maintains the status quo. Includes the absolute minimum repairs required to keep the lines functional; alternative is used as a basis for comparison for the other alternatives

Basic Rehabilitation Alternative

Provides strategic mix of repairs, rehabilitation and replacement for a useful life of 20 years

Basic Rehabilitation with Transfer

Stations Alternative Same as Basic Rehabilitation Alternative plus the addition of transfer stations at Wilson and

Modernization 4-Track Alternative

Loyola

Provides modern amenities at stations, increases speed of service, includes new transfer stations at Wilson and Loyola and major repairs, reconstruction and new construction would extend the useful life to 60-80 years

Modernization 3-Track Alternative

Similar improvements as Modernization 4-Track Alternative except with 3-tracks in the North Red Line area and no reverse-commute express service. Includes many of the same station amenities with less right-of-way acquisition

Modernization 2-Track Underground Alternative

Similar improvements as Modernization 4-Track Alternative except with a 2-track subway for the North Red Line area between Belmont and Loyola and 2-track elevated between Loyola and Howard

ALTERNATIVAS PROPUESTAS DE LA EIS A NIVEL 1:

Alternativa con Obras Mínimas Mantiene la situación actual. Incluye las reparaciones mínimas y absolutamente necesarias para mantener las líneas en buen estado de funcionamiento: la alternativa se usa para fines de comparación con las otras alternativas.

Alternativa de Rehabilitación Básica

Proporciona una mezcla estratégica de reparaciones, rehabilitación, y repuestos para alcanzar una vida útil de 20 años.

Rehabilitación Básica con la Alternativa de Estaciones de Transbordo

La misma que la Alternativa de Rehabilitación Básica, además de la incorporación de estaciones de transbordo en Wilson y Loyola.

Alternativa de Modernización de 4 vías

Proporciona comodidades modernas en las estaciones, aumenta la velocidad del servicio. incluye las estaciones nuevas de transbordo en Wilson y Loyola, y las reparaciones mayores, la reconstrucción y la nueva construcción prolongarán la vida útil hasta 60-80 años.

Alternativa de Modernización de 3 vías

Mejoras parecidas a la Alternativa de Modernización de 4 vías con excepción de las tres vías en el área de la Línea Roia al Norte v sin servicio directo para el viaje diario de vuelta del trabajo. Incluye muchas de las mismas comodidades de estación con menos adquisición de la servidumbre de paso.

Alternativa de Modernización de 2 vías subterráneas

Mejoras parecidas a las de la Alternativa de Modernización de 4 vías, con excepción del tren subterráneo de 2 vías para el área en la Línea Roja al Norte entre Belmont y Loyola y las 2 vías del tren elevado entre Loyola y Howard.

RESUMEN GENERAL DEL PROYECTO

Después de casi 100 años de servicio fiable, la infraestructura de la Línea Roja al Norte y de la Púrpura ya ha sobrepasado con creces su vida útil. Construidas entre 1900 y 1922, estas dos líneas constituyen la vía principal por medio de la cual se brinda servicio a los vecindarios ubicados por la orilla del lago hacia el norte. En conjunto, la Línea Roja al Norte y la Púrpura hacen más de 128,000 viajes ferroviarios como promedio en un día típico de entre semana. Este servicio de tránsito con que cuentan muchísimos viajeros hace más de 19 por ciento de todos los viajes de la CTA por tren de entre semana y 23 por ciento de todos los viajes de la CTA por tren los fines de semana.

La Chicago Transit Authority (CTA) se propone hacer mejoras a la Línea Roia al Norte v a la Púrpura con el fin de meiorar la infraestructura de tránsito va existente para que entre en buenas condiciones de funcionamiento desde la estación de Belmont al norte hasta la terminal de Linden (9.5 millas). El proyecto se dedica a reducir el tiempo de recorrido, a mejorar acceso a los mercados de trabajo, a hacer mejor uso de la infraestructura de tránsito, a dar acceso a las personas con incapacidades, y a apoyar las iniciativas de desarrollo económico del área

RESUMEN GENERAL DEL PROCESO MEDIOAMBIENTAL

La CTA y la Administración Federal de Tránsito (conocida en inglés por sus siglas "FTA") han iniciado este proceso federal medioambiental, de acuerdo a la Ley sobre la Política Nacional Medioambiental (conocida en inglés por sus siglas "NEPA"), y están en vías de elaborar una Declaración sobre el Efecto Medioambiental a Nivel 1 (conocida en inglés por sus siglas "EIS") para el proyecto. La planificación de la EIS a este nivel avudará a confirmar los elementos del provecto v servirán de fundamento para las decisiones que se tomen sobre el programa entero de Modernización Roja-Púrpura. Desarrollará en detalle concreto el estudio de misión sobre la Línea Roja al Norte y la Púrpura que se llevó a cabo desde el otoño del 2009 hasta el otoño 2010. Se recibieron más de 1,100 comentarios por parte del público durante el estudio de la misión, los cuales ayudaron a dar forma a las alternativas de la EIS a Nivel 1. Una EIS a Nivel 1 aborda las cuestiones amplias y de índole general sobre el corredor de tránsito, tales como su ubicación general, la selección de modo, los efectos de uso sobre la tierra, y los efectos acumulados. La EIS a Nivel 1 se propone evaluar por lo menos seis alternativas: 1) la alternativa con obras mínimas; 2) la rehabilitación básica, 3) la rehabilitación con estaciones de transbordo; 4) la Modernización de 4 vías, 5) la Modernización de 3 vías, y 6) la Modernización de 2 vías subterráneas. La EIS a Nivel 1 detallará las alternativas, el contexto medioambiental existente, los efectos posibles de la construcción y la realización de cada alternativa, y las medidas atenuadoras propuestas para disminuir o eliminar los efectos negativos posibles. Después de terminar el proceso de la EIS, se pueden instalar los elementos del proyecto con mayor rapidez con la documentación medioambiental específica a nivel del proyecto.

¿QUÉ ES EL INVOLUCRAMIENTO AL PÚBLICO?

Usted gueda invitado a asistir una reunión dedicada al involucramiento al público, con el fin de informarse en más detalle sobre el proyecto y de expresar sus opiniones sobre las varias alternativas propuestas, los objetivos y la necesidad del proyecto, los temas propuestos de evaluación, los efectos negativos posibles, y las medidas atenuadoras que tendrán que incluirse en la EIS a Nivel 1. Se conoce este proceso de determinar el alcance, el enfoque, y el contenido de una EIS como "el involucramiento al público". Durante el proceso de involucramiento, los residentes, así como las agencias municipales, condales, estatales, y federales, tienen la oportunidad para expresar sus opiniones y hacer comentarios.

Este proceso de involucramiento tiene los siguientes obietivos:

- · Identificar los temas que preocupan al público y a las agencias gubernamentales temprano durante el proceso de evaluación medioambiental:
- · Definir las cuestiones y las alternativas que serán estudiadas en la EIS; v
- · Ahorrar tiempo en el proceso general y agilizar el proceso de elaborar una EIS para que sea más eficiente.

REUNIONES DE INVOLUCRAMIENTO: FECHAS Y LUGARES

LUNES, 24 DE ENERO DE 2011

Desde las 6:00 a las 8:30 p.m. UPTOWN

St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

SE BRINDA SERVICIO A ESTE LUGAR POR:

Línea Roja, #22, #36, #92, #81, Línea al Norte de la Unión Pacífica de Metra

MIÉRCOLES, 26 DE ENERO DE 2011

Desde las 6:00 a las 8:30 p.m.

ROGERS PARK

New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626

SE BRINDA SERVICIO A ESTE LUGAR POR:

Línea Roia. #22. #155. Línea al Norte de la Unión Pacífica de Metra

MARTES, 25 DE ENERO DE 2011

Desde las 6:00 a las 8:30 p.m.

EDGEWATER

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

SE BRINDA SERVICIO A ESTE LUGAR POR: Línea Roja, #22, #36, #84

JUEVES. 27 DE ENERO DE 2011

Desde las 6:00 p.m. a las 8:30 p.m.

EVANSTON

Fleetwood-Jourdain **Community Center** 1655 Foster St. Evanston, IL 60201

SE BRINDA SERVICIO A

ESTE LUGAR POR: Línea Púrpura, #93, #208 (Pace)

ORDEN DEL DÍA Y FORMATO

Presentación al público: Venga para enterarse del provecto. repasar los resultados del estudio de la misión, y hablar con el personal del proyecto. Habrá la oportunidad para hacer comentarios que constarán formalmente en el acta pública.

ENTREGAR SUS COMENTARIOS

Además de los comentarios sobre el alcance de la EIS que se harán en la reunión, se aceptarán comentarios por escrito por parte del público hasta el día 18 de febrero de 2011, los cuales pueden entregarse por correo postal, correo electrónico, por facsímile, o en el sitio de web del proyecto, a la atención de Steve Hands, Planificación Estratégica, Chicago Transit Authority, P.O. Box 7602, Chicago, IL 60680-7602.

Correo electrónico: RPM@transitchicago.com

Sitio de web: www.transitchicago.com/rpmproject

Facsímile: (312) 681-4195.

ADAPTACIONES PARA LAS PERSONAS CON INCAPACIDADES Y POR MOTIVOS DE IDIOMA

Todos estos lugares de reunión dan acceso a las personas con incapacidades. Para recibir una versión de formato asequible de esta notificación, o en caso de que haya necesidad de intérprete, incluso el servicio de traducción por señas, u otras adaptaciones que permitirán la participación en esta reunión, comuníquese con Jeff Wilson, Oficial de Relaciones Gubernamentales y Comunitarias de la CTA, cinco días por anticipado antes de la reunión, al (312) 681-2712 o al jwilson@transitchicago.com.







ATTEND A PUBLIC SCOPING MEETING

Red & Purple Modernization Project Environmental Impact Statement

Mon., Jan. 24, 2011 6:00 to 8:30 p.m. UPTOWN

St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

Wed., Jan. 26, 2011 6:00 TO 8:30 p.m. ROGERS PARK New Field Primary School

1707 W. Morse Ave. Chicago, IL 60626 Tue., Jan. 25, 2011 6:00 to 8:30 p.m. EDGEWATER

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

Thu., Jan. 27, 2011 6:00 TO 8:30 p.m. EVANSTON

Fleetwood-Jourdain Community Center 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles).

This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011. Comments may be submitted by mail, e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: <u>RPM@transitchicago.com</u> Fax: (312) 681-4195 For More Info: <u>www.transitchicago.com</u>

For More Info: www.transitchicago.com/RPMproject За информацией на русском, звоните по телефону (312) 681-2712 欲知中文信息,请打电话到 (312) 681-2712 Para informarse en español, llame al (312) 681-2712 Customer Information: 1-888-YOUR-CTA (1-888-968-7282)

Please forward this e-mail to your friends, family and networks to encourage them to attend the meeting and comment. E-mail: <u>RPM@transitchicago.com</u> Web site: <u>www.transitchicago.com/rpmproject</u>



ATTEND A PUBLIC SCOPING MEETING Red & Purple Modernization Project

Mon., Jan. 24, 2011 6:00 to 8:30 p.m. UPTOWN

> St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

Tue., Jan. 25, 2011 6:00 to 8:30 p.m. EDGEWATER

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660 Wed., Jan. 26, 2011 6:00 TO 8:30 p.m. ROGERS PARK

New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626 Thu., Jan. 27, 2011 6:00 TO 8:30 p.m. EVANSTON

> Fleetwood-Jourdain Community Center 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1

Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011. Comments may be submitted by mail, e-mail or fax, with attention to:

> Steve Hands Strategic Planning & Policy Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com Fax: (312) 681-4195



ATTEND A PUBLIC SCOPING MEETING

Red & Purple Modernization Project

Mon., Jan. 24, 2011 6:00 to 8:30 p.m. UPTOWN

St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

Wed., Jan. 26, 2011 6:00 TO 8:30 p.m. ROGERS PARK

New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626 Tue., Jan. 25, 2011 6:00 to 8:30 p.m. EDGEWATER Nicholas Senn High School

5900 N. Glenwood Ave. Chicago, IL 60660

Thu., Jan. 27, 2011 6:00 TO 8:30 p.m. EVANSTON

Fleetwood-Jourdain Community Center 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011.

Comments may be submitted by mail, e-mail or fax, with attention to:

Steve Hands Strategic Planning & Policy Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com Fax: (312) 681-4195

For More Info: www.transitchicago.com/RPMproject

За информацией на русском, звоните по телефону (312) 681-2712

欲知中文信息,请打电话到 (312) 681-2712

Para informarse en español, llame al (312) 681-2712 Customer Information: 1-888-YOUR-CTA (1-888-968-7282)



ATTEND A PUBLIC SCOPING MEETING

Red & Purple Modernization Project

Mon., Jan. 24, 2011 6:00 to 8:30 p.m. UPTOWN

St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

Wed., Jan. 26, 2011 6:00 TO 8:30 p.m. ROGERS PARK

New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626

Tue., Jan. 25, 2011 6:00 to 8:30 p.m. EDGEWATER

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

Thu., Jan. 27, 2011 6:00 TO 8:30 p.m. EVANSTON

Fleetwood-Jourdain Community Center 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011.

Comments may be submitted by mail, e-mail or fax, with attention to:

Steve Hands Strategic Planning & Policy Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com Fax: (312) 681-4195

For More Info: www.transitchicago.com/RPMproject

За информацией на русском, звоните по телефону (312) 681-2712

欲知中文信息,请打电话到 (**312) 681-2712**

Para informarse en español, llame al (312) 681-2712

Customer Information: 1-888-YOUR-CTA (1-888-968-7282)

any way exploit or repurpose any content.

2

ъ

create derivative works,

You may not

indicated.

Description:

1C-CTA-CENTRAL

Advertiser: STNet Section/Page/Zone: Main/008/

Client Name:

0001812927

CRIME

Skokie man without law degree served as attorney in many cases

A Skokie man who authorities say falsely sold his services as a lawyer in more than 60 Cook County cases was indicted Tuesday on charges of forgery and falsely impersonating a lawyer.

Tahir Malik, 47, of Skokie has been held at the Cook County Jail since Dec. 17 on a contempt of court and false impersonation charge, a release from the Cook County Sheriff's office stated.

Evidence linked him to more than 60 cases at the Skokie and Bridgeview courthouses, the release said.

On Tuesday, Malik was formally charged with two counts of forgery and one count of false personation of a lawyer, Cook County State's Attorney's office spokesman Andy Conklin said. He'll appear for arraignment Jan. 31. Earlier this year, a sheriff's deputy testified that staff at the Skokie courthouse grew suspicious of Malik and found he was not licensed to practice law after questioning him.

"No one suspected anything for years because he did everything right - except obtain a law degree," Sheriff Tom Dart said in a release.

Documents in his possession and an investigation now tie him to more than 60 cases, including traffic court, mortgage foreclosures and low-level criminal cases at the Skokie and Bridgeview courthouses, and at the Daley Center, along with hearings of various city boards, the release said.

Some deceived clients have been identified and

contacted to determine how much has been paid to Malik for his so-called legal work. Investigators believe he has charged \$500 to \$4,500 cash per case, the release stated. He is believed to have handled cases, entered please on clients' behalf and represented them at sentencing when they received community service.

Malik was convicted of burglary and served time in prison. He has also been previously charged with theft, shoplifting and criminal trespass, the release stated.

The sheriff's office has established a hotline at (773) 869-6466 for others who may have been affected. -STM

Comment: pioneerlocal.com

Skokie hosting 'quit smoking' classes

By NATALIE HAYES CONTRIBUTOR

Almost every year, quitting smoking makes it to the top of the most popular New Year's resolutions, usually falling behind only getting in shape.

What better way to start off 2011 by adopting a healthier lifestyle? For those who choose to stop smoking and don't want to go it alone, the village of Skokie is holding a six-day smoking cessation clinic at the Skokie Village Hall starting at 7 p.m. Tuesday.

The program, which has run in both Skokie and Evanston for the past 27 years, offers smokers help quitting for good — but only if participants are ready to kick the habit cold turkey. And nicotine-replacement aids like Nicorette gum or patches are not allowed.

"It's a total abstinence program, so they guit when they start the first session and they quit to stay quit,"

Zabin said. "Our goal is to get the nicotine completely out of the system."

The first session of the clinic is the most important because it focuses on the educational aspect of smoking and how nicotine affects the body, Zabin said.

"We look at why people smoke, we look at the triggers, and what it does to the heart, the lungs, the whole body system. We give them a ton of information they probably didn't want to know about but need to know."

To address the psychological withdrawal symptoms such as irritability and anxiety that often accompany people in the process of quitting, Zabin's advice is to stick it out, because the average craving only lasts seven minutes and within three days of someone's last cigarette, nicotine completely leaves the body.

He also personally calls each participant regularly to offer his support and make sure they haven't given in to the urge.

"I'm proving to people that they can get through that day without a cigarette," Zabin said.

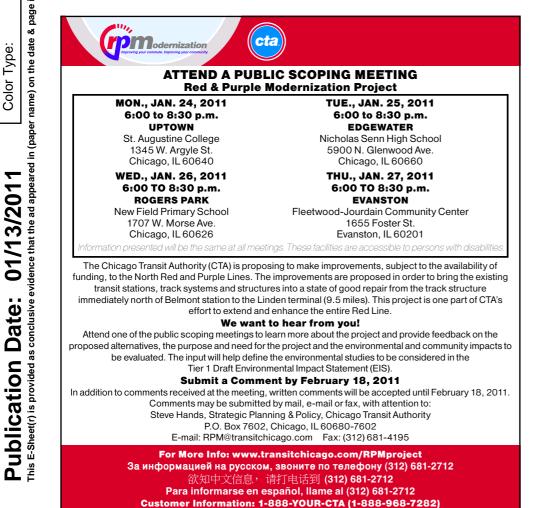
The clinic was first started by Zabin's business partner, Joel Spitzer. Zabin took over after Spitzer's recent retirement.

The success rate of participants who went through the program and have remained non-smokers for at least a year is upwards of 60 percent.

Zabin, whose resume boasts an impressive list of work in the addiction and quitting smoking field, said about 10 years ago the clinic would usually see 30-40 participants per session, but in recent years as smoking has become less socially acceptable, he has seen a large decline in how many people sign up.

"It's not because more people don't want to quit,

Smoking, PAGE 9



Advertisement **Retrofitting cold, drafty homes** with insulation is a good investment

According to the US Department of Energy, only 20% of homes built before 1980 are well insulated. These older homes lose more heat during the winter months which accounts for the largest portion of a typical utility bill. Retrofitting these older homes with insulation can save homeowners up to 50% on their utility bills while keeping the home more comfortable year-round.

Brian Carlisle noticed several drafty areas in his 55-year-old 2-story brick Georgian home. He didn't think there was much that could be done to insulate his brick walls and was resigned to another cold Chicago winter. Carlisle saw USA Insulation at a home and garden show and liked what he saw in the demonstration.

"They were the only ones that installed the foam insulation from the outside," he said. "And the foam is environmentally friendly." Carlisle was impressed with the installation as well as the installers. "They drilled holes through the mortar junctions, but you can't see where the holes were when they were finished." Carlisle has noticed some definite

improvements in his indoor environment.

"Before my house was insulated, my furnace and air conditioner would work constantly to keep my house comfortable. Now they run less often, and I've seen a dramatic difference in my utility bills. There is an evenness of temperature throughout the house, which is very significant," he added.

"Properly insulated walls and attics can save homeowners up to 50 percent on their utility bills," said Michael Preston of USA Insulation. "It also adds to the value of your biggest investment - your home." USA Insulation installs its patented Premium Foam Insulation in all wall cavities, from the outside. The product goes into the walls as a foam and dries hard, creating a 4-inch shell of insulation around your home.

USA Insulation can complete an installation in most homes in one day. The company is currently offering \$250 off any wholehouse insulation job. For a FREE home energy inspection, call (847) 564-8300 or visit www.usainsulation.net.

Ad Number: Size: incolnwoodReview

3 x 5.21 B&W Insertion Number: Type: Color .

CHICAGOLAND EXTRA



С

٨

- HEALTH BEAT

Poison center offers advice, a calm voice

Hot line receives 250 calls a day

By Deborah L. Shelton TRIBUNE REPORTER

The day started normally for dozens of families across the state. Then, at some point, things took a turn.

A father spotted his young daughter eating pain relief cream. A mother discovered her 6-year-old holding a package with six Children's Tylenols missing. A frantic father wondered if he should force his little girl to vomit after she gulped down silica gel, the small packet commonly packaged with new consumer products such as cameras and shoes.

Taking the call from each anxious parent was an expert at the Illinois Poison Center, where staffers field about 250 calls daily involving everything from attempted suicides to accidental overdoses to carbon monoxide poisonings. The Illinois center, which serves one of the largest

populations of the nation's poison centers, delivers services to an estimated 13 million people.

On this day none of the seriously children was harmed

"We are the calming voice on ing end." the receiving end," said clinical toxicologist Carol DesLauriers, the center's clinical serv- Illinois Poison Center ices director.

Much of what the poison center experts do is medical triage, urging that people in urgent situations get to the emergency room quickly, and that people who don't need to go, don't.

About 10 percent of calls are urgent enough to require emergency treatment. Most of the callers' problems can be handled over the phone.

Among the poisoning cases handled during a recent day: a man who secretly spiked a drink with Clear Eyes solution and then mistakenly drank it himself, a woman whose car reeked of exhaust fumes



Art Kubic, of the Illinois Poison Control Center, speaks with a caller. PHIL VELASOUEZ/TRIBUNE PHOTO

and was experiencing symptoms of carbon monoxide poisoning, and a husband calling about his wife, who had been drinking heavily and swallowed 20 pills containing medicine prescribed to treat seizures and panic attacks.

The man who drank the eye solution was told to head to the hospital if he felt drowsy or lethargic; otherwise he likely would suffer no ill effects. Because the woman in the car described symptoms of carbon monoxide poisoning - headache, nausea, light-headedness — she was told to go to an emergency room so her blood levels could be tested. The hus-

band whose wife had taken the pills was advised to hang up and call 911 immediately. The first poison control center, or poison

information center, was founded in Chicago in 1953. Many of the early centers were located in pharmacies or emergency rooms. Today, 57 centers operate across the U.S.

Illinois Poison Center operates a free 24-hour hot line staffed by specially trained experts, including doctors, nurses and pharmacists. In 2009 the nonprofit service handled more than 102,000 calls to the toll-free number 800-222-1222.

CALLS FOR HELP

The Illinois Poison Center handled 241 calls one recent day. Here are some issues, with approximate times provided by the center:

1 to 1:59 a.m.: An ER doctor called about a teenager who intentionally swallowed an entire bottle of overthe-counter pain reliever.

2 to 2:59 a.m.: A toddler woke up, got into the mother's purse and ingested part of a tube of lipstick.

7 to 7:59 a.m.: A toddler's mother called because the child got into a bottle of homeopathic chewable tablets and ingested most of them.

8 to 8:59 a.m.: A woman inadvertently took a sip from a cup that contained effervescent denture cleaning tablets.

9 to 9:59 a.m.: A child was given his mother's asthma medication instead of his children's vitamin. Also, an ER doctor called about a child who got into the refrigerator and swallowed a large quantity of her liquid antibiotic suspension.

12 to 12:59 p.m.: A toddler sprayed carpet cleaner into her mouth.

1 to 1:59 p.m.: A woman called about the potential toxicity of natural gas to her family. She had noted the smell of gas and could not tell where it was coming from.

2 to 2:59 p.m.: A woman was prescribed a medication she was to take four at a time, but she mistakenly took four cardiac pills instead. 6 to 6:59 p.m.: An ER doctor

called about a patient who spilled a caustic chemical on his arm.

8 to 8:59 p.m.: A child was chewing on a glow-in-the-dark bracelet, it broke, and she swallowed a small amount of the liquid.

11 to 11:59 p.m.: A man called because he realized he had been taking double the prescribed dose of his medication for four days.

Source: Illinois Poison Center

Protecting your family

Keep products in their original containers with their original labels.

Store cleaning products, medicine, and health and beauty products in a place where children can't reach them, ideally in a locked cabinet.

Discard unwanted, unused or old medications.

Read the label and follow directions every time you use a product.

Never refer to medicine as candy or make a game out of taking it.

Teach children to ask first before they eat or drink anything.

Keep tobacco products, lighters and matches, and alcoholic drinks out of the reach of children.

Identify poisonous plants in the home and remove them.

Remove peeling paint from walls and windows.

Source: Illinois Poison Center

The American Association of Poison Control Centers was founded in 1958 to promote cooperation between centers in different cities and to standardize their operations. An additional part of the association's activities was poison prevention and education programs for both physicians and the general public.

At the Illinois Poison Center, staffers work out of their homes or in the center's call center at the Metropolitan Chicago Healthcare Council, near Union Station, which is stocked with reference books. Information sheets tacked on cubicle walls reveal particulars such as the number of cigarette butts that can be swallowed by a child before a trip to the emergency room is in order. (The answer: three.)

About 52 percent of the calls concerning exposure to a poison in 2009 involved children age 5 and younger.

Accidental poisonings are largely pre-ventable. A common mistake: leaving substances such as medications and household cleaners in places where children can reach them. Bottles of apple juice, Listerine and Pine Sol can look the same to children.

"Powerful Tools for Caregivers"

classes from 2 to 4:30 p.m. Mon-

days, March 7 through April 11, in

dshelton@tribune.com

HEALTH NOTES

SMOKING CESSATION

The village of Hoffman Estates and St. Alexius Medical Center offer smoking cessation classes beginning Wednesday. Cost is \$50 per family. To register, call St.

Alexius at 866-253-9426.

FITNESS OPEN HOUSE

Libertyville Sports Complex open house, 10 a.m. to 2 p.m. Saturday, Peterson Road and U.S. Highway 45, Libertyville. The complex also will introduce its new "\$1 a day for a year" annual membership and senior citizen memberships. Call 847-367-6827 or e-mail kmeserve @libertyville.com or visit libertyvillesportscomplex.com.

YOGA/MEDITATION YogaDayUSA event at Himalayan Center, 109 Slade St., Palatine, includes free yoga and meditation classes. 11 a.m. to 3 p.m. Saturday. Details: hymcillinois.com or 847-221-5250.

CAREGIVER CLASSES North Shore Senior Center offers

Evanston/Skokie Valley Senior Services, 840 Dodge Ave., Evanston. Requested donation is \$40. Call 847-784-6041 in Northfield or 847-424-5661 in Evanston.



Assisted Living at The Highlands of Evanston

ADVERTISEMENT

GREAT NEWS FOR SENIORS

on the receiv-- Carol DesLauriers.

"We are the

calming voice

EVANSTON - Tucked amid a residential neighborhood, The Highlands is perfect for adults who want to continue doing the things they love while getting the attention and care they deserve. This assisted living community - part of Presbyterian Homes' Westminster Place campus - helps residents enjoy life to the fullest.

Highlands residents enjoy fine dining and housekeeping, get help with personal chores, and can call upon nurses on duty around the clock. Families can relax knowing that residents use the full-service clinic and pharmacy, and access rehabilitation services or off-campus transportation. A resident needing skilled nursing or memory care can transition seamlessly to the McGaw Care Center or Foster Pavilion on campus.

Life at The Highlands is as relaxed or as full as a person desires.

Activities range from gardening and model railroading... to the creation of a campus television show...

"I like to be busy," explained resident Etta Mae McElroy. "I volunteer in the library, go to the hobby shop and to exercise, and attend Books Out Loud." George Martin said, "I play a lot of bridge, and I spend time creating artwork on the computer."

Activities abound, from gardening to model railroading, billiards, and the creation of a campus television show and award-winning magazine.



Professional computer assistance and instruction, plus Brain Fitness classes, are an everyday part of life on the Westminster Place campus.

Residents can choose whether to attend field trips to museums, restaurants, concerts, and plays. A shuttle bus goes each week to nearby shopping districts.

Residents from a variety of spiritual traditions find opportunities for reflection in the lovely Elliott Chapel, where ecumenical worship services are held. Carol Tatarowicz, Director of Admissions at The Highlands, added, "Many residents love the Kimble Fitness Center, with its exercise programs, swimming and warm-water therapy pools. They can work with a personal trainer, at no cost. It's a great benefit!"

Other fitness classes include yoga, Zumba, aqua aerobics, and a special men's exercise class. When it's time for pampering, the campus boasts beauty shops, a barbershop, and a massage therapist.

To arrange for a tour of this exceptional community, and to receive an Assisted Living **Comparison Guide, call Carol** Tatarowicz at (847) 866-1615.

ATTEND A PUBLIC SCOPING MEETING

Red & Purple Modernization Project

Mon., Jan. 24, 2011 6:00 to 8:30 p.m. UPTOWN

> St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

Wed., Jan. 26, 2011 6:00 TO 8:30 p.m. **ROGERS PARK**

New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626

Tue., Jan. 25, 2011 6:00 to 8:30 p.m. EDGEWATER

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

Thu., Jan. 27, 2011 6:00 TO 8:30 p.m. EVANSTON

Fleetwood-Jourdain **Community Center** 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

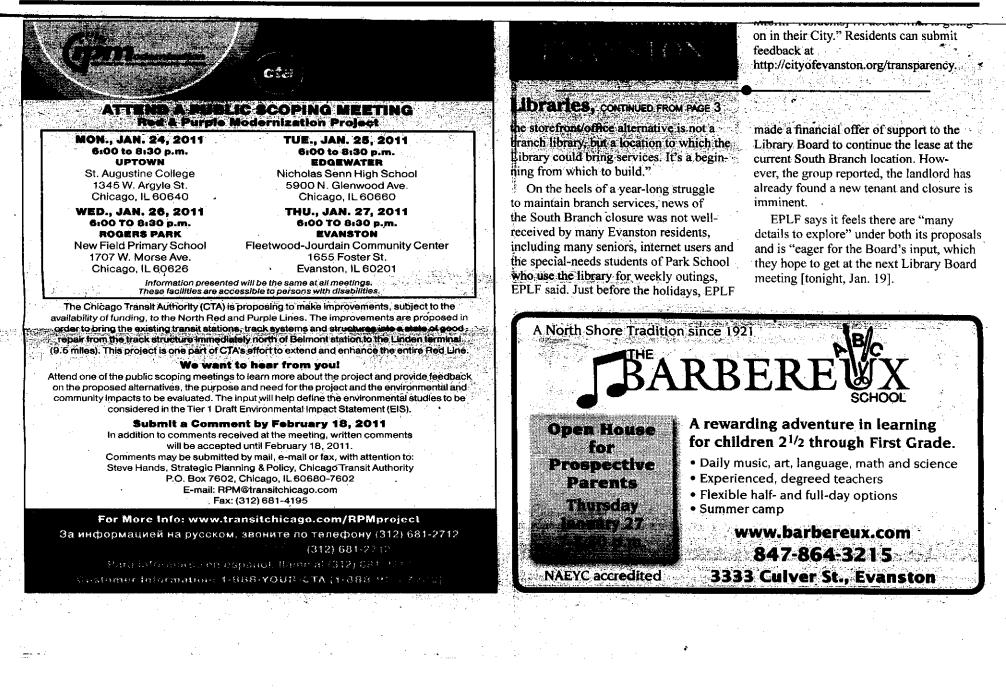
Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011.

Comments may be submitted by mail, e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com Fax: (312) 681-4195

10 • EVANSTON ROUNDTABLE

JANUARY 19, 2011



- HEALTH BEAT

Poison center offers advice, a calm voice

Hot line receives 250 calls a day

By Deborah L. Shelton TRIBUNE REPORTER

The day started normally for dozens of families across the state. Then, at some point, things took a turn.

A father spotted his young daughter eating pain relief cream. A mother discovered her 6-year-old holding a package with six Children's Tylenols missing. A frantic father wondered if he should force his little girl to vomit after she gulped down silica gel, the small packet commonly packaged with new consumer products such as cameras and shoes.

Taking the call from each anxious parent was an expert at the Illinois Poison Center, where staffers field about 250 calls daily involving everything from attempted suicides to accidental overdoses to carbon monoxide poisonings. The Illinois center, which serves one of the largest

populations of the nation's poison centers, delivers services to an estimated 13 million people.

On this day none of the seriously children was harmed

"We are the calming voice on ing end." the receiving end," said clinical toxicologist Carol DesLauriers, the center's clinical serv- Illinois Poison Center ices director.

Much of what the poison center experts do is medical triage, urging that people in urgent situations get to the emergency room quickly, and that people who don't need to go, don't.

About 10 percent of calls are urgent enough to require emergency treatment. Most of the callers' problems can be handled over the phone.

Among the poisoning cases handled during a recent day: a man who secretly spiked a drink with Clear Eyes solution and then mistakenly drank it himself, a woman whose car reeked of exhaust fumes



Art Kubic, of the Illinois Poison Control Center, speaks with a caller. PHIL VELASOUEZ/TRIBUNE PHOTO

and was experiencing symptoms of carbon monoxide poisoning, and a husband calling about his wife, who had been drinking heavily and swallowed 20 pills containing medicine prescribed to treat seizures and panic attacks.

The man who drank the eye solution was told to head to the hospital if he felt drowsy or lethargic; otherwise he likely would suffer no ill effects. Because the woman in the car described symptoms of carbon monoxide poisoning - headache, nausea, light-headedness — she was told to go to an emergency room so her blood levels could be tested. The hus-

band whose wife had taken the pills was advised to hang up and call 911 immediately. The first poison control center, or poison

information center, was founded in Chicago in 1953. Many of the early centers were located in pharmacies or emergency rooms. Today, 57 centers operate across the U.S.

Illinois Poison Center operates a free 24-hour hot line staffed by specially trained experts, including doctors, nurses and pharmacists. In 2009 the nonprofit service handled more than 102,000 calls to the toll-free number 800-222-1222.

CALLS FOR HELP

The Illinois Poison Center handled 241 calls one recent day. Here are some issues, with approximate times provided by the center:

1 to 1:59 a.m.: An ER doctor called about a teenager who intentionally swallowed an entire bottle of overthe-counter pain reliever.

2 to 2:59 a.m.: A toddler woke up, got into the mother's purse and ingested part of a tube of lipstick.

7 to 7:59 a.m.: A toddler's mother called because the child got into a bottle of homeopathic chewable tablets and ingested most of them.

8 to 8:59 a.m.: A woman inadvertently took a sip from a cup that contained effervescent denture cleaning tablets.

9 to 9:59 a.m.: A child was given his mother's asthma medication instead of his children's vitamin. Also, an ER doctor called about a child who got into the refrigerator and swallowed a large quantity of her liquid antibiotic suspension.

12 to 12:59 p.m.: A toddler sprayed carpet cleaner into her mouth.

1 to 1:59 p.m.: A woman called about the potential toxicity of natural gas to her family. She had noted the smell of gas and could not tell where it was coming from.

2 to 2:59 p.m.: A woman was prescribed a medication she was to take four at a time, but she mistakenly took four cardiac pills instead. 6 to 6:59 p.m.: An ER doctor

called about a patient who spilled a caustic chemical on his arm.

8 to 8:59 p.m.: A child was chewing on a glow-in-the-dark bracelet, it broke, and she swallowed a small amount of the liquid.

11 to 11:59 p.m.: A man called because he realized he had been taking double the prescribed dose of his medication for four days.

Source: Illinois Poison Center

Protecting your family

Keep products in their original containers with their original labels.

Store cleaning products, medicine, and health and beauty products in a place where children can't reach them, ideally in a locked cabinet.

Discard unwanted, unused or old medications.

Read the label and follow directions every time you use a product.

Never refer to medicine as candy or make a game out of taking it.

Teach children to ask first before they eat or drink anything.

Keep tobacco products, lighters and matches, and alcoholic drinks out of the reach of children.

Identify poisonous plants in the home and remove them.

Remove peeling paint from walls and windows.

Source: Illinois Poison Center

The American Association of Poison Control Centers was founded in 1958 to promote cooperation between centers in different cities and to standardize their operations. An additional part of the association's activities was poison prevention and education programs for both physicians and the general public.

At the Illinois Poison Center, staffers work out of their homes or in the center's call center at the Metropolitan Chicago Healthcare Council, near Union Station, which is stocked with reference books. Information sheets tacked on cubicle walls reveal particulars such as the number of cigarette butts that can be swallowed by a child before a trip to the emergency room is in order. (The answer: three.)

About 52 percent of the calls concerning exposure to a poison in 2009 involved children age 5 and younger.

Accidental poisonings are largely pre-ventable. A common mistake: leaving substances such as medications and household cleaners in places where children can reach them. Bottles of apple juice, Listerine and Pine Sol can look the same to children.

"Powerful Tools for Caregivers"

classes from 2 to 4:30 p.m. Mon-

days, March 7 through April 11, in

dshelton@tribune.com

HEALTH NOTES

SMOKING CESSATION

The village of Hoffman Estates and St. Alexius Medical Center offer smoking cessation classes beginning Wednesday. Cost is \$50 per family. To register, call St.

Alexius at 866-253-9426.

FITNESS OPEN HOUSE

Libertyville Sports Complex open house, 10 a.m. to 2 p.m. Saturday, Peterson Road and U.S. Highway 45, Libertyville. The complex also will introduce its new "\$1 a day for a year" annual membership and senior citizen memberships. Call 847-367-6827 or e-mail kmeserve @libertyville.com or visit libertyvillesportscomplex.com.

YOGA/MEDITATION YogaDayUSA event at Himalayan Center, 109 Slade St., Palatine, includes free yoga and meditation classes. 11 a.m. to 3 p.m. Saturday. Details: hymcillinois.com or 847-221-5250.

CAREGIVER CLASSES North Shore Senior Center offers

Evanston/Skokie Valley Senior Services, 840 Dodge Ave., Evanston. Requested donation is \$40. Call 847-784-6041 in Northfield or 847-424-5661 in Evanston.



Assisted Living at The Highlands of Evanston

ADVERTISEMENT

GREAT NEWS FOR SENIORS

on the receiv-- Carol DesLauriers.

"We are the

calming voice

EVANSTON - Tucked amid a residential neighborhood, The Highlands is perfect for adults who want to continue doing the things they love while getting the attention and care they deserve. This assisted living community - part of Presbyterian Homes' Westminster Place campus - helps residents enjoy life to the fullest.

Highlands residents enjoy fine dining and housekeeping, get help with personal chores, and can call upon nurses on duty around the clock. Families can relax knowing that residents use the full-service clinic and pharmacy, and access rehabilitation services or off-campus transportation. A resident needing skilled nursing or memory care can transition seamlessly to the McGaw Care Center or Foster Pavilion on campus.

Life at The Highlands is as relaxed or as full as a person desires.

Activities range from gardening and model railroading... to the creation of a campus television show...

"I like to be busy," explained resident Etta Mae McElroy. "I volunteer in the library, go to the hobby shop and to exercise, and attend Books Out Loud." George Martin said, "I play a lot of bridge, and I spend time creating artwork on the computer."

Activities abound, from gardening to model railroading, billiards, and the creation of a campus television show and award-winning magazine.



Professional computer assistance and instruction, plus Brain Fitness classes, are an everyday part of life on the Westminster Place campus.

Residents can choose whether to attend field trips to museums, restaurants, concerts, and plays. A shuttle bus goes each week to nearby shopping districts.

Residents from a variety of spiritual traditions find opportunities for reflection in the lovely Elliott Chapel, where ecumenical worship services are held. Carol Tatarowicz, Director of Admissions at The Highlands, added, "Many residents love the Kimble Fitness Center, with its exercise programs, swimming and warm-water therapy pools. They can work with a personal trainer, at no cost. It's a great benefit!"

Other fitness classes include yoga, Zumba, aqua aerobics, and a special men's exercise class. When it's time for pampering, the campus boasts beauty shops, a barbershop, and a massage therapist.

To arrange for a tour of this exceptional community, and to receive an Assisted Living **Comparison Guide, call Carol** Tatarowicz at (847) 866-1615.

ATTEND A PUBLIC SCOPING MEETING

Red & Purple Modernization Project

Mon., Jan. 24, 2011 6:00 to 8:30 p.m. UPTOWN

> St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

Wed., Jan. 26, 2011 6:00 TO 8:30 p.m. **ROGERS PARK**

New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626

Tue., Jan. 25, 2011 6:00 to 8:30 p.m. EDGEWATER

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

Thu., Jan. 27, 2011 6:00 TO 8:30 p.m. EVANSTON

Fleetwood-Jourdain **Community Center** 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011.

Comments may be submitted by mail, e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com Fax: (312) 681-4195

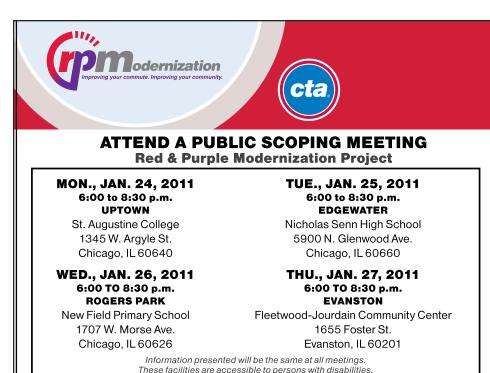
OUR VILLAGE JANUARY 7, 2011







Banquets for 40-1000 people Customized Menus • Full Package Plans Private Bridal & Meeting Rooms • 5 Acres of Parking Weddings-Anniversaries Showers-Luncheons Corporate Events Dinner Dances All Occasion Parties Trade Shows Visit www.thewhiteeagle.com to View Our Photo Gallery & Menu





The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011. Comments may be submitted by mail, e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com Fax: (312) 681-4195

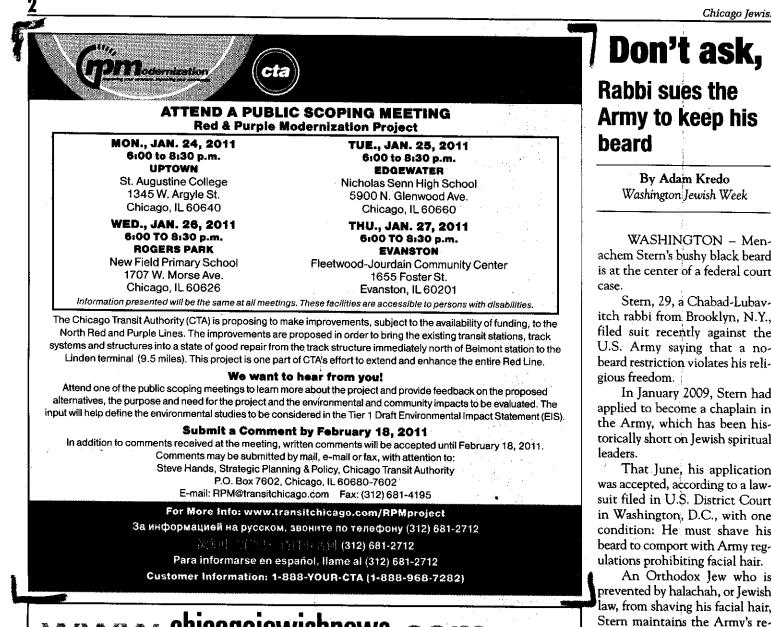
For More Info: www.transitchicago.com/RPMproject За информацией на русском, звоните по телефону (312) 681-2712 欲知中文信息,请打电话到 (312) 681-2712 Para informarse en español, llame al (312) 681-2712 Customer Information: 1-888-YOUR-CTA (1-888-968-7282) vegetables, 200 different olive oils from around the world, 500 pasta choices and 200 imported speciality cookies & crackers from Europe, South America & Central America? Where else can you get fresh fish that is delivered daily, straight from the docks? Where else can you find a deli department that carries a huge assortment of imported and domestic meats and cheeses? Where else can you find a meat department that offers a large selection of meat cuts and grade choices? Where else is there a bakery that features fresh made bread and homemade cakes, cookies and pastries, sourced from Old World recipes? Where else can you find catering services that offer a large assortment of high-quality homemade meals and side dishes? Where else can you place your ENTIRE shopping order ONLINE, and have it ready for pick-up or delivered straight to your door? **All in ONE store. ONLY at Caputo's.**

THE CHOICE IS SIMPLE.

Store LocationsElmwood Park, IL 60707Addison, IL 60101Hanover Park, IL 601332400 N. Harlem Ave.510 W. Lake St.1250 E. Lake St.Bloomingdale, IL 60108Naperville, IL 60564South Elgin, IL 60177166 E. Lake St.3115 115th St.622 N. Randall Rd.

Visit us online at:

shopcaputos.com



www.chicagojewishnews.com The Jewish News place in cyberspace

Don't ask, don't shave

Army to keep his

Washington Jewish Week

WASHINGTON - Menachem Stern's bushy black beard is at the center of a federal court

itch rabbi from Brooklyn, N.Y., filed suit recently against the U.S. Army saving that a nobeard restriction violates his reli-

In January 2009, Stern had applied to become a chaplain in the Army, which has been historically short on Jewish spiritual

That June, his application was accepted, according to a lawsuit filed in U.S. District Court in Washington, D.C., with one condition: He must shave his beard to comport with Army regulations prohibiting facial hair.

An Orthodox Jew who is prevented by halachah, or lewish law, from shaving his facial hair, Stern maintains the Army's requirement that he be clean shaven is overly burdensome and the Polician En

Restoration Act, as well as the First Amendment's Establishment Clause.

But rules are rules, the Army asserts, and Stern - like the 550,000 other enlisted personnel - must adhere to the military's strict regulations if he wishes to serve.

Stern, however, argues that his journey through the Army's bureaucracy has revealed widespread contradictions in the way its polices are applied to service members. Enlistees from other religions, he said, have been granted facial hair exemptions in the past.

From the outset, Stern explained in an interview, he made it clear that his beard is fundamental to his faith.

"By not trimming my beard, I represent the unadulterated view of the holy Torah, the way we believe a person should live," Stern wrote in his original chaplain application. "It is the strength lews have retained of traditions for thousands of years."

After submitting his application, Stern then filed a formal request to be exempted from shaving his facial hair, according to court documents.

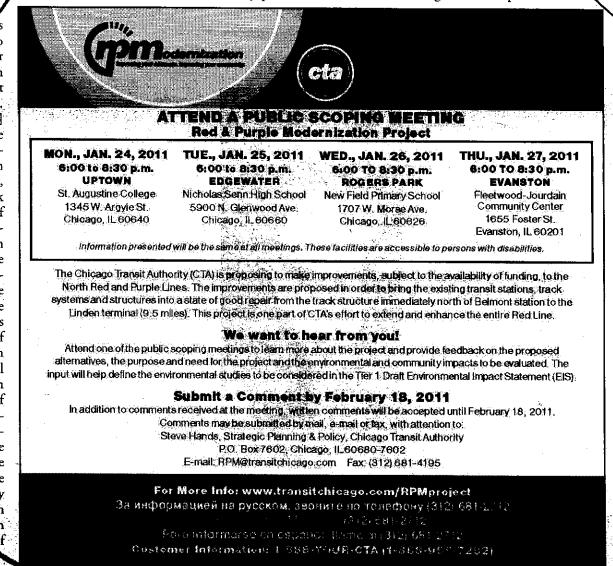
In his request, Stern points to Leviticus chapter 19, noting that as a Chabad-Lubavitch

Black educators and scholars remain divided over the decision to purge the n-word from Mark Twain's classic "The Adventures of Huckleberry Finn." The years of critical acclaim-and disdain-of the use of that and other racial epithets in the text have lead to the widespread banning of the book in the nation's school districts. Now a major publisher has announced it will replace incendiary words with more acceptable ones in a new edition of Huck Finn, Alabama-based NewSouth Publishing announced in early January it will replace 200-plus n-word references in "The Adventures of Huckleberry Finn" with "slave" and other less offensive phrases. Since its publishing in 1885, literary critics have struggled to determine whether the book is an attack on racism or a satirical confirmation of stereotypes rampant during the late 1800s. According to the American Library Association, a nonprofit group that promotes library education worldwide, "The Adventures of Huckleberry Finn" was the fifth most banned book during the 1990s. But, Syracuse University professor and cultural commentator Boyce Watkins said he believes removing the "n-word" makes the text more palpable for today's school children and therebrilliant novel without using this word 219 times?' I think that you can," Watkins told CNN. "The question for me al so is whether or not it makes sense to force kids in school to hear this word over and over again to make that point. When I was in high school, I wouldn't have wanted to read that book. I think [NewSouth Publishing] made the right move." The publisher stood behind its decision to pull the hot-button word, citing Dr. Alan Gribben, internationally recognized Mark Twain scholar, who approves of the revised text. "At New-South, we saw the value in an edition that would help the works find new readers," company officials wrote. "If the publication sparks good debate about how language impacts learning or about the nature of censorship or the way in which racial slurs exercise their baneful influence, then our mission in publishing this new edition of Twain's works will be more emphatically fulfilled." While removing the word may make Twain's work more appropriate for younger readers, some African-American scholars say NewSouth's modified edition "whitewashes" an American masterpiece and creates a slew of (Continued on page 18)

the stand during the trial, but one was a pathologist who conducted the autopsy of Albert. Dr. Hilary

opportunity to be the "top cop." Rice said Washington created many policies that increased the

Jones; and two granddaughters. Funeral arrangements were pending at **Crusader** press time.



The Chicago Crusader - -

BLACKS MUST CONTROL THEIR OWN COMMUNITY

Saturday, January 15, 2011

Protest at Equality Illinois event

The Equality Illinois First Friday event is a monthly gathering designed to raise funds and bring members of the organization together in a social setting at the Boystown nightspot Sidetrack.

Rick Garcia, the political policy director of Equality Illinois, was fired in late December, and the decision caused some in the community to call for a protest Jan. 7, the first such scheduled event of the year.

Two protectors with a sign stood outside in the frigid cold while approximately 50 members of Equality Illinois gathered inside. On the sign were the words, "No public policy director ... unknown lobbyist on retainer; name background experience unknown; no means to achieve goals; ten dollar donation requested. What's wrong with this picture?"

William Schendel, the organizer of the protest, said he was there because "everything seems very fishy. I'm upset that Rick's not there. He's done a wonderful job. Everything's in limbo. What's the CEO [Bernard Cherkasov] doing there? He's posted a job description [for the position of director of finance and administration]. He's done some things to try and bolster their position, but they haven't done anything. "

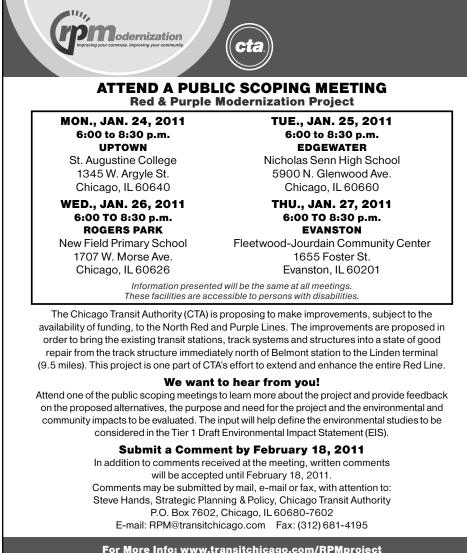
He was critical of Cherkasov, saying that "Bernard has created this situation. He needs to shit or get off the pot. He created this problem and the minute he created this problem, his first push was to fundraise like nobody's business. I've gotten more solicitations from Equality Illinois in the past three weeks than I've ever gotten in my life. He's trying to fundraise without



Protester at the Friday event at Sidetrack. Photos by Jerry Nunn

someone to do the work. There's no director of public policy to do anything so what are we supposed to be giving the money for? Just months before the 20th anniversary of the organization, their gala to congratulate and thank everyone for all their work on this momentous civil unions bill, they fired the director of public policy. And a co-founder of the organization—they just kicked him to the curb. It's just ridiculous."

Brother Michael Oboza, the second protestor, spoke of his long friendship with Garcia. Both men said they had not spoken directly to either



For More Info: www.transitchicago.com/RPMproject За информацией на русском, звоните по телефону (312) 681-2712 欲知中文信息,请打电话到 (312) 681-2712 Para informarse en español, llame al (312) 681-2712 Customer Information: 1-888-YOUR-CTA (1-888-968-7282) the CEO or the board, with Oboza saying that, "I think firing Rick says a lot—I don't have to talk to Bernard. I have written to [him] and Art [Johnston, EI board member and co-founder] to tell them I'm no longer a member or a volunteer."

Schendel added, "until the job description [for the new policy director] is posted, until you tell us who this interim lobbyist is, until you articulate the new direction that Equality Illinois is headed and with specific goals and action steps for how you're going to achieve those, neither I nor any of the organizations I've been involved with will be supporting Equality Illinois. It's a non-profit; they need to disclose what they're doing and where they're going. Who is leading the charge? Bernard's not known. Where's Bernard's experience?"

As Oboza and Schendel were speaking, Rick Stuckey, a member of Equality Illinois, made his differences with them clear and there was a brief and heated exchange of words. Stuckey said to the two men, "It's an employment issue, it's not about the work that he's done. It's between Rick Garcia and the board of Equality Illinois." Responding to Schendel's question, "What have they done?" he said, "This legislature hasn't been in session so there's nothing to do. Even President Obama's been in Hawaii Would you want your employment issues in the media if you had a problem? You can't protest something you can't find information on; you should know your facts." Elaborating to Windy City Times, he said that "Yes, Rick Garcia has done great work but obviously something has been done that they decided that they needed to sever that tie."

Another Equality Illinois member, Mike Szeremet, came down flatly on the organization's side. Saving that the firing seemed like a confidential personnel matter, he said that he had "confidence in Equality Illinois and the board to make the right decisions for the direction of the organization, and if that means changes in personnel, so be it. ... I would also say that [based on] the articles that I read that quoted Rick Garcia-if he hadn't been fired he gave them good reason given the language he used, the way he denigrated board members, the directors, the process. You have a legal right to file a grievance if you were wrongfully dismissed, but I think that to trash people ... was all the more reason why he shouldn't be there."

Inside, the fundraiser appeared to be in full swing. Dalila Fridi, a member of the board, said she did not know much about the protest and was pleased with the attendance. She said she did not know anything about the matter of the lobbyist. Equality Illinois CEO Bernard Cherkasov said that the evening's turnout was greater than that of the First Friday in January 2010 and spoke of what he called Equality Illinois' "aggressive" new goals for the future, including "a strong focus on transgender equality issues," adding, "We're going to announce our plans in 2011 and announce our hiring plan."

Addressing the matter of the lobbyist and the search for a new public policy director, Cherkasov pointed out that the last few weeks had been the holidays and they "have not had a lot of time to consider what our policy team's needs are and how to move forward there. As we have for the past number of years, we've continued to have lobbyists who are helping us do our work in Springfield. We have had them for a long."

Most of the attendees approached were reluctant to speak to the press. Art Johnston said he could not speak because of constraints and Bill Greaves—director of Lesbian, Gay, Bisexual and Transgender Issues for the City of Chicago's Commission on Human Relations—also declined to speak.

But while not everyone would speak, there was some indication that not all of them were there to provide unqualified support. Robert Cohn, a member of the organization from the start and a longtime friend of Rick Garcia, spoke honestly to WCT about the fact that he had come to address his concerns over the firing. "The reason I came inside was to talk to the board members and tell them one on one [that] I think the whole situation and the way they did it was handled badly," he said, adding, "I think they acted harshly, like a big corporation, [unlike] an organization that talks about getting justice and equality for everybody. Regardless of the legality of what they did, I thought it wasn't done in a nice, human, caring way and that they look like heartless bullies."

Cohn said he had chosen to come inside because he believed that it was more effective to "dialogue" with the board than to "stand outside across the street and shout." He said that his disappointment with the way the firing was handled did not mean he would stop his donations, because he was "committed to the organization and the mission." Asked if the firing would have any effect on the mission, he responded, "Yes, it affects the mission because I think Rick was awfully effective in what he did. They'll be hard-pressed to find anybody as good as Rick. I think that they should have done a better job of managing Rick, regardless of whether or not he's difficult. They have to be the bigger person and not act immaturely. ... I don't know that I could have handled it any better. I just wish that smarter, wiser people than me had tackled it differently."

De Jesus opts out, supports Chico

The Rev. Wilfredo de Jesus—who is known for his anti-gay background—dropped out of the race for Chicago mayor Jan. 7 and thrown his support behind Gery Chico, according to ABC.

De Jesus, the minister of New Life Covenant Church, said that Chicago is at a crossroads. "It is for this reason that I wholeheartedly support Gery Chico in his bid to become the next mayor of the City of Chicago," he said.

Chico responded, "I intend to be partnering with Reverend de Jesus and people in the faith-based community to make better lives for people throughout the city."

The minister garnered controversy in 2009 when he was among those considered to be 26th Ward alderman to replace Billy Ocasio. (Roberto Maldonado was selected.) New Life has taken a hard line against same-sex relationships. According to a position paper on gays and lesbians by the Assemblies of God—with which the church is affiliated— "[h]omosexual behavior is sin because it is disobedient to scriptural teachings" and "[h] omosexual behavior is sin because it is contrary to God's created order for the family and human relationships," among other beliefs. In addition, De Jesus commented in an October 2008 Christianity Today article that "opposing abortion and homosexuality [had] been the paramount moral issues for him" until the treatment of illegal immigrants captured his attention.

Campaign co-chair Todd Connor told Windy City Times Jan. 10 that "Gery Chico has been an unequivocal advocate for LGBT rights, and his history and record on LGBT issues is absolutely consistent, public and very progressive. He's made it very clear to [De Jesus] that he doesn't agree with that candidate on those issues.

"Campaigns are about support; wherever you get support, you want it. It is no reflection of [Chico's] value system that he has [De Jesus'] support."

On Jan. 9, U.S. Rep. Luis Gutierrez endorsed Chico, calling him "by far the most qualified candidate in the race." Gutierrez added, "No other candidate has balanced 16 budgets. No other candidate has built bridges across racial, ethnic and geographic lines like Gery has. Gery Chico is simply the best candidate to lead Chicago right now."

—Andrew Davis

MM- HEALTH BEAT

Sounding the call for support

Musician forms tinnitus group

By Kevin Beese SPECIAL TO THE TRIBUNE

Joel Styzens gets a break from the constant A-sharp hum in his head only while in the shower. For four years, the music composer has suffered from tinnitus, a maddening ringing in the ears, and hyperacusis, an oversensitivity to certain sounds.

"I am one of the cleanest people you'll ever meet," the 28-year-old Styzens quipped of his need to shower at least twice a day for a few minutes of relief. Styzens has come to

terms with the condition he attributes to a lifetime in music, most notably playing drums in the jazz and rock scenes. But he knows that tinnitus is no laughing matter, and like many others with the disorder, he also suffered from severe depression.

Forced to give up playing the drums and facing the possibility of losing his music career, Styzens looked for a local support network that might help.

"I spent a lot of time online, looking at different message boards. I started therapy and spent more time online and got more and more depressed (hearing about all the negatives with tinnitus)," Styzens said.

He saw that the American Tinnitus Association had support groups in other parts of the country, but not one in Illinois. So he formed one: The Greater Chicago Tinnitus Support Group.

"There is a wealth of information online ... but there is negativity too. I wanted to start a group that was a more positive and productive environment," said Styzens, who gave up drums but dusted off an acoustic guitar and was

Musician. composer and teacher Joel Styzens, 28, developed tinnitus and hyperacusis four years ago. He has formed a tinnitus support group to help others with ringing in the ears. CHRIS SWEDA/TRIBUNE PHOTO

able to continue *"It definitely* his career. The support

limits your life." group will have its second meeting this month - Johnny Bash, who at the Old Town has tinnitus School of Folk

Music's Armitage Avenue location, where Styzens also teaches. Although a go-getter who has formed his own record label, A-Sharp, and produced an acoustic guitar album raising awareness of tinnitus and other hearing issues, Styzens took four months

to get the support group started. He said he was afraid to do it on his own because of the seriousness of the condition. Dr. Jill Meltzer, Styzens'

audiologist, is scheduled to speak at the meeting. "A group like this can be very helpful as a means of inpertinent to others in the group," said Meltzer. "What

formation,

you don't want it to turn into is telling stories and one being more miserable than the next.'

More than 50 million Americans experience some tinnitus, the American Tinnitus Association estimates. In about 12 million of those, the condition is severe enough to call for medical attention, and about 2 million sufferers find it so debilitating they cannot function on a day-today basis.

There is no cure for tinnitus, but some of the treatment includes drug therapy, as well as sound and

cognitive therapy. There is general and also biofeedback relaxation specific and and TMJ treatment for those whose tinnitus stems from that condition.

One treatment Meltzer uses to help reduce the disturbance for tinnitus sufferers is neuromonics, a music therapy using a pattern of acoustic stimuli designed to retrain the neural pathway. In a 2007 article in Tinnitus Today, the ATA's magazine, Meltzer wrote that the therapy can help patients manage symptoms such as anxiety, sleep disturbances and trouble concentrating.

Like Styzens, support group member Johnny Bash has had tinnitus for four years.

"Audiologists and (ear, nose and throat doctors) expect an epidemic of young people with hearing

problems and tinnitus," said Bash, 62. "We as a society have gotten so loud. Movies are loud; we want to feel the action.'

"It changes your sleep," Bash said. "It keeps you awake, so much that you get depressed. It has a snow-

balling effect. It definitely

limits your life." The Greater Chicago Tinnitus Support Group will meet from 10 to 11:30 a.m. Jan. 29 at the Old Town School of Folk Music, 909 W. Armitage Ave. Go to relax-your

-ears.com.



Find health tools, resources, expert advice and more.

NOTES

HEALTH EFFORT

Holy Family Medical Center will launch "Let's Move Our Numbers!" — a free initiative to improve the health of the Des Plaines community, 5:30 to 7:30 p.m. Thursday, in the hospital auditorium, 100 N. **River Road. Attendees** will hear from a representative of the Surgeon General's Office. learn about Michelle Obama's "Let's Move" program, sample healthy food and beverages, hear inspirational stories and discover new fitness techniques. Call 312-645-9400 ext. 26 or e-mail event@resurrection cares.org.

STOP SMOKING

The Skokie Health Department offers a free smoking cessation clinic for area residents, 7 p.m. Tuesday and continuing Jan. 19, 20, 21, 24 and Feb. 1, in Village Hall, 5127 Oakton St. Registration required. Call 847-933-8252.

CPR CLASSES

CPR classes, 6:30 to 10 p.m., Tuesday, Skokie Fire Department, Station 16, 7424 Niles Center Road. \$15 residents, \$20 non-residents. Register at 847-982-5340.

CAREGIVING

North Shore Senior Center offers "Powerful Tools for Caregivers" classes from 2 to 4:30 p.m., Mondays, March 7 through April 11 in Evanston/Skokie Valley Senior Services, 840 Dodge Ave., Evanston. Requested donation is \$40. No one will be turned away for inability to pay. Space is limited and registration required. Call 847-784-6041 in Northfield or 847-424-5661 in Evanston.





odernization



KATHY SCHAFFER & ASSOCIATES

Client Name:

377104801

Advertiser:

CHICAGO TRANSIT AUTHORITY

BROADSHEET/003/NS

Section/Page/Zone:

4.92 x 10.5

Colors

377104801

exploit or repurpose any content.

derivative works, or in any way

ige indicated. You may not create

u 0

This electronic tearsheet confirms the ad appeared in The Chicago Tribune

ā

CTA

Description:

12/201 Date: ncan olication

of retinoblastoma

By Paul LaTour SPECIAL TO THE TRIBUNE

The evidence was right there in the photos all along. Ever since Brendan Shannon was about 8 months old his right pupil appeared milky in pictures taken with a flash.

His parents, Tim and Danielle Shannon of Bolingbrook, hadn't noticed anything out of the ordinary. That is, not until last March - just past Brendan's 1st birthday - when Danielle noticed that her son's right eye was drifting and not focusing.

The Shannons had taken Brendan to his regular pediatrician that month to see why his eye was turning in. They suspected it might be strabismus, an abnormal alignment of the eye in which the muscle isn't strong enough for the eye to move properly.

Their pediatrician referred them to a pediatric ophthalmologist, who told the Shannons their son may have retinoblastoma, the most common form of children's eye cancer.

While awaiting a second opinion and doing some online research, Danielle learned that white pupils are one of the telltale signs of retinoblastoma. She immediately remembered a picture taken a few months earlier.

In it the family of four stands in front of a Christmas tree with Tim holding 10-month-old Brendan. They are next to Danielle, who is holding their oldest son, Liam. Brendan has his right hand in his mouth as he looks at the camera. His left pupil is red from the flash; his right is white.

She began looking for as many flash photos of Brendan as she could find on their computer. Each one showed the same thing:



Tim and Danielle Shannon sit with Brendan, 22 months, right, and Liam, 3. COREY R. MINKANIC/PHOTO FOR THE TRIBUNE

Brendan's left eye was red, his right was white. "I wanted to throw up,"

said Danielle, 31, a former graphic designer. "I felt like it was so obvious. How did we not ever look at these photos?'

Still, her realization didn't lessen the couple's shock.

"The first thing you think when you hear it's cancer is his life is over," said Tim Shannon, 32, an account representative for S&S Activewear. "It was the worst feeling I ever had.

About 300 children each year are born with retinoblastoma in the United States, according to the Web site for the Wills Eye Institute in Philadelphia. The cause is unknown, and in the majority of cases it is not hereditary

Dr. Carol Shields, the associate director of Wills' Ocular Oncology Service, is a leading expert on the cancer. The morning after receiving Brendan's diagnosis, the Shannons were on a plane to Philadelphia to meet with her.

Shields examined Brendan and found a tumor the size of a lima bean in his right eve, which she labeled as a medium-to-large retinoblastoma. It was in his center of vision, so she concluded Brendan was essentially blind in that eye.

In about two-thirds of the cases, only one eye is affected, Shields said. Roughly 10 percent of those patients need to have the eye removed. Shields was able to save Brendan's eye through chemotherapy.

The first of six monthly rounds of chemotherapy began March 30 at Wills. Because of the travel expenses, half of the chemotherapy was administered at Comer Children's Hospital at the University of Chicago.

The first week after each treatment was difficult on Brendan. He was tired, became picky about eating and would get sick. Overall, the Shannons said, he handled it remarkably well.

The tumor responded to the treatment from the start, and is now considered a dead scar. Shields said the tumor shrunk to the size of half a pea, enough to limit eyesight but an improvement from before.

They will continue doing follow-ups for the next several years to monitor the tumor and eliminate any of the "seeds" produced by the tumor. The tumor sheds cancerous seeds. those which can travel into the brain.

Because of that, Shields said, retinoblastoma is fatal if untreated.

ATTEND A PUBLIC SCOPING MEETING

Red & Purple Modernization Project

Mon., Jan. 24, 2011 6:00 to 8:30 p.m. UPTOWN St. Augustine College

1345 W. Argyle St. Chicago, IL 60640

Wed., Jan. 26, 2011 6:00 TO 8:30 p.m. **ROGERS PARK** New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626

Tue., Jan. 25, 2011 6:00 to 8:30 p.m. EDGEWATER

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

Thu., Jan. 27, 2011 6:00 TO 8:30 p.m. **EVANSTON**

Fleetwood-Jourdain **Community Center** 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011. Comments may be submitted by mail, e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com

MM- HEALTH BEAT

Sounding the call for support

Musician forms tinnitus group

By Kevin Beese

SPECIAL TO THE TRIBUNE

Joel Styzens gets a break from the constant A-sharp hum in his head only while in the shower. For four years, the music composer has suffered from tinnitus, a maddening ringing in the ears, and hyperacusis, an oversensitivity to certain sounds.

"I am one of the cleanest people you'll ever meet,' the 28-year-old Styzens quipped of his need to shower at least twice a day for a few minutes of relief.

Styzens has come to terms with the condition he attributes to a lifetime in music, most notably playing drums in the jazz and rock scenes. But he knows that tinnitus is no laughing matter, and like many others with the disorder, he also suffered from severe depression.

Forced to give up playing the drums and facing the possibility of losing his music career, Styzens looked for a local support network that might help.

"I spent a lot of time online, looking at different message boards. I started its therapy and spent more meeting time online and got more and more depressed (hearing about all the negatives with tinnitus)," Styzens said.

He saw that the American Tinnitus Association had support groups in other parts of the country, but not one in Illinois. So he formed one: The Greater Chicago Tinnitus Support Group. "There is a wealth of

information online ... but there is negativity too. I wanted to start a group that was a more positive and productive environment," said Styzens, who gave up drums but dusted off an acoustic guitar and



Musician. composer and teacher Joel Styzens, 28, developed tinnitus and hyperacusis four years ago. He has formed a tinnitus support group to help others with ringing in the ears. CHRIS SWEDA/TRIBUNE PHOTO

was able to continue his ca-*"It definitely* The support limits your life." group will have

second

reer.

this has tinnitus month at the Old Town School of Folk Music's Armitage Avenue

location, where Styzens also teaches. Although a go-getter who has formed his own record label, A-Sharp, and produced an acoustic guitar album raising awareness of tinnitus and other hearing issues, Styzens took four months to get the support group started. He said he was afraid to do it on his own

because of the seriousness of the condition. Dr. Jill Meltzer, Styzens' audiologist, is scheduled to speak at the meeting. "A group like this can be very helpful as a means of in-

formation, general and specific and pertinent to others in the group," said - Johnny Bash, who Meltzer. 'What you

don't want it to turn into is telling stories and one being more miserable than the next.'

More than 50 million Americans experience some tinnitus, the American Tinnitus Association estimates. In about 12 million of those, the condition is severe enough to call for medical attention, and about 2 million sufferers find it so debilitating they cannot function on a dayto-day basis.

There is no cure for tinnitus, but some of the treatment includes drug therapy, as well as sound and cognitive therapy.

There is also biofeedback relaxation and TMJ treatment for those whose tinnitus stems from that condition.

> One treatment Meltzer uses to help reduce the disturbance for tinnitus sufferers is neuromonics, a music therapy using a pattern of acoustic stimuli designed to retrain the neural pathway. In a 2007 article in Tinnitus Today, the ATA's magazine, Meltzer wrote that the therapy can help patients manage symptoms such as anxiety, sleep disturbvour ances and trouble concentrating. Like Styzens, support

group member Johnny Bash has had tinnitus for four years.

healthkey.com "Audiologists and (ear, nose and throat doctors) expect an epidemic of young people with hearing

problems and tinnitus," said Bash, 62. "We as a society have gotten so loud. Movies are loud; we

Jan. 29 at the Old Town

School of Folk Music, 909 W.

Armitage Ave. Go to relax-

HEALTHKEY

Find health tools,

resources, expert

advice and more.

-ears.com.

want to feel the action.

"It changes your sleep," Bash said. "It keeps you awake, so much that you get depressed. It has a snowballing effect. It defi-Free. Call 312-464-9900. nitely limits your life."

BARIATRIC INFO The Greater Chicago Tin-Bariatric surgeon Dr. Fredernitus Support Group will ick Tiesenga will discuss the meet from 10 to 11:30 a.m.

benefits of bariatric surgery for obese individuals, available procedures and eligibility requirements. 6 p.m. Tuesday, Our Lady of the Resurrection Medical Center, 5645 W. Addison St. Registration required. Free. Call 708-456-7874.

Send health and wellness items held in Chicago at least two weeks in advance to citv@tribune.com

Couple recount son's battle with eye cancer

Family seeks to



NOTES

LUNG CANCER

Health professionals from the Coleman Foundation Comprehensive Lung Cancer Clinic at Rush University Medical Center will discuss early detection in lung cancer, the latest in minimally invasive surgery and radiation therapies. 6 p.m. Wednesday, Armour Academic Center, 600 S. Paulina St. Registration required. Free. Call 888-352-7874.

HEALTHY LIVING

Dr. Dennis Gates will offer a two part series on Optimum Health for Survival from Cancer and Other Everyday Illnesses. A light healthy dinner will be served. 6 p.m. Wednesday and Jan. 19. Gilda's Club Chicago, 537 N. Wells St. Free. Call 312-464-9900.

LUNCH-N-LEARN

Spine specialist Dr. Krzysztof Siemionow will present and take questions on the common causes of back pain and when to seek the advice of a doctor. A free lunch will follow the lecture. 11:30 a.m. Thursday, Weiss Memorial Hospital Auditorium, 4646 N. Marine Drive. Registration required. Free. Call 800-503-1234.

COLORECTAL

CANCER Join a discussion about the current treatments, symptoms and side effect strategies of colorectal cancer. Dinner will be served at 5:30 p.m. Thursday, Gilda's Club Chicago, 537 N. Wells St.



KATHY SCHAFFER & ASSOCIATES

Client Name:

377104801

377104801

n Number:

Advertiser:

CHICAGO TRANSIT AUTHORITY

BROADSHEET/003/C

Section/Page/Zone:

4.92 × 10.5

Colors

ype:

exploit or repurpose any content

derivative works, or in any way

age indicated. You may not create

CTA

Description:

Date: ncan olication

date and the u 0 This electronic tearsheet confirms the ad appeared in The Chicago Tribune

Δ

raise awareness of retinoblastoma

By Paul LaTour SPECIAL TO THE TRIBUNE

The evidence was right there in the photos all along. Ever since Brendan Shannon was about 8 months old his right pupil appeared milky in pictures taken with a flash.

His parents, Tim and Danielle Shannon of Bolingbrook, hadn't noticed anything out of the ordinary. That is, not until last March — just past Bren-dan's 1st birthday — when Danielle noticed that her son's right eye was drifting and not focusing.

The Shannons had taken Brendan to his regular pediatrician that month to see why his eye was turning in. They suspected it might be strabismus, an abnormal alignment of the eye in which the muscle isn't strong enough for the eye to move properly.

Their pediatrician referred them to a pediatric ophthalmologist, who told the Shannons their son may have retinoblastoma, the most common form of children's eye cancer.

While awaiting a second opinion and doing some online research, Danielle learned that white pupils are one of the telltale signs of retinoblastoma. She immediately remembered a picture taken a few months earlier.

In it the family of four stands in front of a Christmas tree with Tim holding 10-month-old Brendan. They are next to Danielle. who is holding their oldest son, Liam. Brendan has his right hand in his mouth as he looks at the camera. His left pupil is red from the flash; his right is white.

She began looking for as many flash photos of Brendan as she could find on their computer. Each one showed the same thing:



Tim and Danielle Shannon sit with Brendan, 22 months, right, and Liam, 3. COREY R. MINKANIC/PHOTO FOR THE TRIBUNE

Brendan's left eye was red, his right was white. "I wanted to throw up,"

said Danielle, 31, a former graphic designer. "I felt like it was so obvious. How did we not ever look at these photos?' Still, her realization

didn't lessen the couple's shock.

'The first thing you think when you hear it's cancer is his life is over," said Tim Shannon, 32, an account representative for S&S Activewear. "It was the worst feeling I ever had.

About 300 children each year are born with retinoblastoma in the United States, according to the Web site for the Wills Eye Institute in Philadelphia. The cause is unknown, and in the majority of cases it is not hereditary.

Dr. Carol Shields, the associate director of Wills' Ocular Oncology Service, is a leading expert on the cancer. The morning after receiving Brendan's diagnosis, the Shannons were on a plane to Philadelphia to meet with her.

Shields examined Brendan and found a tumor the size of a lima bean in his right eye, which she labeled as a medium-to-large retinoblastoma. It was in his center of vision, so she concluded Brendan was essentially blind in that eye.

In about two-thirds of the cases, only one eye is affected, Shields said. Roughly 10 percent of those patients need to have the eye removed. Shields was able to save Brendan's eye through chemotherapy.

The first of six monthly rounds of chemotherapy began March 30 at Wills. Because of the travel expenses, half of the chemotherapy was administered at Comer Children's Hospital at the University of Chicago.

The first week after each treatment was difficult on Brendan. He was tired, became picky about eating and would get sick. Overall, the Shannons said, he handled it remarkably well.

The tumor responded to the treatment from the start, and is now considered a dead scar. Shields said the tumor shrunk to the size of half a pea, enough to limit eyesight but an improve ment from before.

They will continue doing follow-ups for the next several years to monitor the tumor and eliminate any of the "seeds" produced by the tumor. The tumor sheds cancerous seeds. those which can travel into the brain.

Because of that, Shields said, retinoblastoma is fatal if untreated.

ATTEND A PUBLIC SCOPING MEETING

Red & Purple Modernization Project

Mon., Jan. 24, 2011 6:00 to 8:30 p.m. UPTOWN St. Augustine College

1345 W. Argyle St. Chicago, IL 60640

Wed., Jan. 26, 2011 6:00 TO 8:30 p.m. **ROGERS PARK** New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626

Tue., Jan. 25, 2011 6:00 to 8:30 p.m. EDGEWATER

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

Thu., Jan. 27, 2011 6:00 TO 8:30 p.m. **EVANSTON**

Fleetwood-Jourdain **Community Center** 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011. Comments may be submitted by mail, e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com

Fax: (312) 681-4195



UPTOWN

St. Augustine College 1345 W. Argyle St. Chicago, IL 60640

WED., JAN. 26, 2011 6:00 TO 8:30 p.m. **ROGERS PARK** New Field Primary School

1707 W. Morse Ave. Chicago, IL 60626

6:00 to 8:30 p.m. **EDGEWATER**

Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660

THU., JAN. 27, 2011 6:00 TO 8:30 p.m. **EVANSTON**

Fleetwood-Jourdain Community Center 1655 Foster St. Evanston, IL 60201

Information presented will be the same at all meetings. These facilities are accessible to persons with disabilities.

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011. Comments may be submitted by mail. e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com Fax: (312) 681-4195



 Publication Date:
 01/10/2011
 Color Type:
 4 Colors
 Description:
 C T A

 This electronic tearsheet confirms the ad appeared in The Chicago Tribune on the date and page indicated. You may not create derivative works, or in any way exploit or repurpose any content.

Ad Number:	377023501	Client Name:	KATHY SCHAFFER & ASSOCIATES
Insertion Number:	377023501	Advertiser:	CHICAGO TRANSIT AUTHORITY
Size:	4.92 x 5.25	Section/Page/Zone:	TAB/009/ALL
Color Type:	4 Colors	Description:	СТА



Area House members react to Arizona murders, shooting of Giffords

Rep. Gabrielle Giffords at a public appearance in Tucson Saturday, severely wounding her and, as of Monday, killing six others provoked strong and immediate reactions from members of the newly seated 112th Congress.

content.

any

repurpose

way exploit or

anv

2

ď

ŝ

create derivative wor

not

You may

name) on the date & page indicated.

IC-CTA-NO SHORE

Those dead include a 9year-old girl and federal Judge John M. Roll. A 22year-old Arizona man, Jared Loughner, has been charged with multiple counts of murder and attempted murder.

"My thoughts and prayers go out to Congresswoman Giffords, her family, staff and constituents involved in this senseless shooting in Arizona," said Rep. Robert Dold, R-10th. "My condolences are extended to those killed during this tragic event, including Judge Roll. This is a sad day for the peo-

ple of Arizona, the federal The shooting of Arizona judicial system, the United States House of Representatives and the nation.

> "As officials, it is one of the greatest honors to represent the needs and concerns of our residents, and we will not allow the deplorable actions of one effect our ability to serve our districts, states and country."

> Rep. Jan Schakowsky, D-9th, said, "I am horrified at the news that several people, including my colleague Congresswoman Gabrielle Giffords, were shot today in Tucson, Arizona, some of them fatally. My heart goes out to the families, friends and colleagues of the individuals who were injured or killed in this terrible act of violence. I hold them all in my thoughts and prayers.

"Gabrielle Giffords is a

smart and effective Congresswoman, extremely friendly, and very popular with her colleagues. She is a refreshing and thoughtful voice in the Congress and is dedicated to the people of her district to whom she is always accessible. Congresswoman Giffords conducts herself in a dignified, civil manner and with a kind demeanor, making it particularly shocking that she would be the target of such violence. I pray for her full recovery."

Rep. Don Manzullo, R-16th, said, "We are shocked and saddened by the shooting of Congresswoman Gabrielle Giffords and others this morning during a meeting she was hosting with her constituents at a local supermarket. Congresswoman Giffords and I serve together on the House Foreign Affairs Committee, and she is well liked and well

respected by all who know her. We pray for a speedy recovery for Congresswoman Giffords and the other injured as we mourn those who lost their lives today in this senseless tragedy."

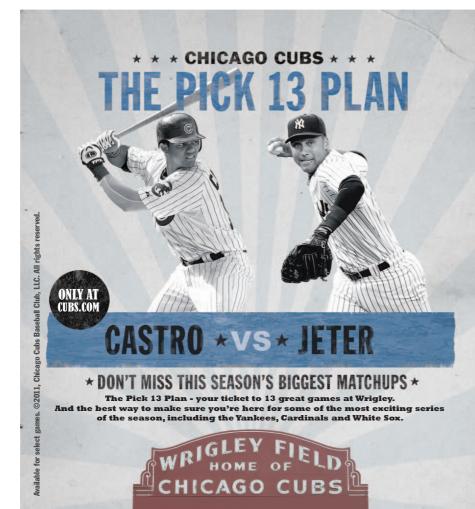
Joe Walsh, R-8th, said his thoughts and prayers go out to the victims and their families. He called the shooting in Arizona "incredibly" tragic.

"It was an attack on all of us who serve," Walsh said. "We come home and get in front of our constituents all the time."

Throughout his campaign for office, Walsh held town hall meetings and other public events to connect with the citizens of the 8th District. He said the shooting in Arizona will not deter him from continuing to hold public events.

- Staff reports





	ta					
ATTEND A PUBLIC SCOPING MEETING Red & Purple Modernization Project						
MON., JAN. 24, 2011 6:00 to 8:30 p.m. UPTOWN St. Augustine College 1345 W. Argyle St. Chicago, IL 60640	TUE., JAN. 25, 2011 6:00 to 8:30 p.m. EDGEWATER Nicholas Senn High School 5900 N. Glenwood Ave. Chicago, IL 60660					
WED., JAN. 26, 2011 6:00 TO 8:30 p.m. ROGERS PARK New Field Primary School 1707 W. Morse Ave. Chicago, IL 60626 Information presented will be the same at all mee	THU., JAN. 27, 2011 6:00 TO 8:30 p.m. EVANSTON Fleetwood-Jourdain Community Center 1655 Foster St. Evanston, IL 60201 etings. These facilities are accessible to persons with disabilities.					
funding, to the North Red and Purple Lines. The transit stations, track systems and struct immediately north of Belmont station to the L	osing to make improvements, subject to the availability of he improvements are proposed in order to bring the existing ures into a state of good repair from the track structure inden terminal (9.5 miles). This project is one part of CTA's nd enhance the entire Red Line.					
We want to hear from you! Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).						
Submit a Comment by February 18, 2011 In addition to comments received at the meeting, written comments will be accepted until February 18, 2011 Comments may be submitted by mail, e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602						

E-mail: RPM@transitchicago.com Fax: (312) 681-4195

For More Info: www.transitchicago.com/RPMproject За информацией на русском, звоните по телефону (312) 681-2712 欲知中文信息,请打电话到 (312) 681-2712 Para informarse en español, llame al (312) 681-2712 Customer Information: 1-888-YOUR-CTA (1-888-968-7282)

Advertiser: STNet Section/Page/Zone: Main/021/ Client Name: Description: 0001812926 3 x 5.21 B&W Insertion Number: Ad Number: Type: Color Size: Publication Date: 01/13/2011 This E-Sheet(r) is provided as conclusive evidence that the ad appeared in (paper JencoeNews 01/13/2011

way exploit or repurpose any content.

works, or in any

not create derivative

You may

color Type: B&W Color Type: B&W evidence that the ad appeared in the Chicago Sun-Times on the date & page indicated.

Publication Date: This E-Sheet(r) is provided as conclusive.

Color Type:

∢

C I

Description:

C T A MAIN/014/

Section/Page/Zone:

5.056 X 6.

Insertion Number: Size:

HICAGO SUN-TIMI

B&W

Client Name:

CST3601465

Ad Number:

Advertiser:

AIR DUCT CLEANING MADE SIMPLE



Having babies close together could raise risk for autism

BY MONIFA THOMAS

Health Reporter/ mjthomas@suntimes.com

children Second-born conceived within one year of their older sibling's birth are more likely to be diagnosed with autism than children born farther apart, new research suggests.

HING

The study, published online today in the journal Pediatrics, is believed to be the first to indicate that closely spaced pregnancies might be an independent risk factor for autism in second-born children.

"We don't yet know from this research what it is specifically about interpregnancy interval that matters, but this may provide an important clue about potentially modifiable risk factors for autism," lead study author Keely Cheslack-Postava, of Columbia University, wrote

in an e-mail. The findings are based on birth records for more than 660,000 children born in California between 1992 and 2002.

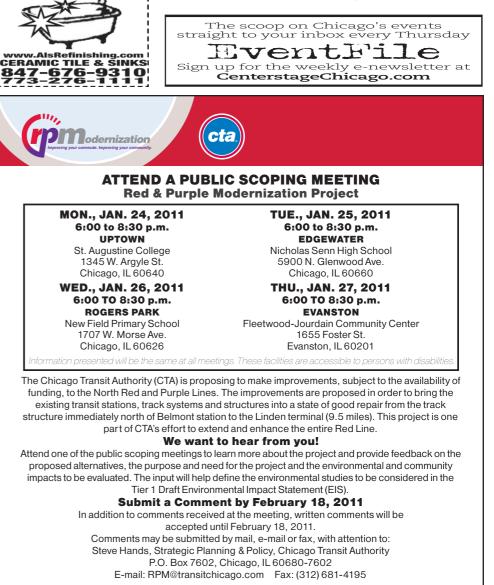
Children with autistic older siblings were excluded from the study.

Researchers found that children conceived within a

year of their sibling's birth were three times more likely to be diagnosed with autism than those conceived after at least three years.

The trend held when researchers controlled for other known risk factors, such as parental age and premature birth.

The increase in autism risk may be related to depleted levels of folate, iron and other nutrients, as well as higher stress levels, in women who have had a recent pregnancy, Cheslack-Postava said. It could also be that autism symptoms are more easily recognized and diagnosed when there is an older sibling close in age to compare to.



Por Shanti Horóscopo VíveloHoy



ACUARIO 20 DE ENERO -18 DE FEBRERO

Es un buen día para descansar y tomarte las cosas con calma. Relajar-

te disfruta de una buena película por la tarde o ¿por qué no?, de alguna bebida si lo prefieres. Has acumulado mucho estrés últimamente.



PISCIS

Tienen muv buenas perspectivas de trabajo en este año, debes aprender a entender las necesidades de los demás y esto te facilitará mucho la relaciones públicas. Ponte en el lugar de otro

siempre.



19 DE FEBRERO -20 DE MARZO Si puedes tomarte la

tarde libre y acude algún café con un amigo o amiga. Platica de cosas triviales, ríe te de la vida etc. Disfrutarás mucho con temas que no son de tu vida cotidiana.



21 DE MARZO 20 DE ABRIL En cuestiones laborales

tienes un gran enemigo oculto, necesitas estar a

la defensiva, no seas confiado. Existen muchas personas que añoran lo que tú tienes. Intentarán obtenerlo a como dé lugar.

IESTUDIE UNA



TAURO 21 DE ABRIL -20 DE MAYO

Siempre son lo que aparentan, necesitas aprender a diferenciar las

buenas de las malas intenciones. No debes de ser tan confiado ni aceptar todo lo que te dicen. Inicia una época de prosperidad y bonanza para ti.



GÉMINIS 21 DE MAYO -20 DE JUNIO

Existe más de una forma de solucionar un conflicto, recuerda que el que se enoja pierde. Es muy importante escuchar la opinión de los demás, esto no significa ser lo que ellos dicen. Nuevas amistades se presentan este año.



CÁNCER 21 DE JUNIO 22 DE JULIO

Recuerda que la familia siempre busca lo meior para uno, pero no siem-

pre desde el punto de vista de la persona. No te molestes por escuchar opiniones, simplemente toma lo que te sirva.



LEO 23 DE JULIO -22 DE AGOSTO

La conjunción de planetas en tu signo te pronostica cosas muy positivas

este año. Aunque parezca que el inicio será un poco difícil. No te confíes demasiado cuando las cosas marchan bien. Como dicen por ahí maneja a la defensiva.



VIRGO 23 DE AGOSTO -22 DE SEPTIEMBRE

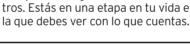
Evita caer en los excesos de cualquier cosa, incluso

en cosas que parezcan positivas como la limpieza y el orden. Los excesos no sólo perjudican, puede ser causa de distanciamientos. Analizó muy bien tu conducta.



Las cosas más simples de

la vida no cuestan, en





ESCORPIÓN 23 DE OCTUBRE -21 DE NOVIEMBRE

Este año es bueno para reencontrar viejas amistades y relaciones ante-

riores, aquellos amigos que dejaste deber por tal o cual cosa, es momento de reencontrarlos. Te puedes llevar grandes sorpresas.



SAGITARIO 22 DE NOVIEMBRE -21 DE DICIEMBRE Los amores vienen v van.

pero el amor verdadero permanece. Valora quien está tu lado y entenderás lo que tienes y debes de cuidar. La familia es importante, no la antepongas a las necesidades de otros.



Fleetwood-Jourdain Community Center

La Chicago Transit Authority (CTA) se propone hacer meioras, sujeto a la disponibilidad de fondos, a la Línea Roja al Norte y a la Púrpura con el fin de mejorar las estaciones de tránsito, los sistemas de vía ferroviaria, y las estructuras va existentes para que entren en buenas condiciones de funcionamiento desde la estructura de vía inmediatamente al norte de la estación de Belmont hasta la terminal de Linden (9.5 millas). Este proyecto es una parte de los esfuerzos de la CTA por ampliar y mejorar la Línea Roja en su totalidad

:Queremos saber su opinión!

Venga a asistir a una de las reuniones públicas de involucramiento para informarse en más detalle sobre el proyecto y para hacer comentarios sobre las alternativas propuestas, los objetivos y la necesidad para el provecto, y los efectos sobre el medioambiente y la comunidad que deberán ser evaluados. Sus aportaciones nos ayudarán a definir los estudios medioambientales que serán considerados en el borrador de la Declaración sobre el Efecto Medioambiental a Nivel 1 (EIS)

Entregar sus comentarios para el 18 de febrero de 2011

Además de los comentarios que se hagan en las reuniones públicas, se aceptarán comentarios por escrito hasta el día 18 de febrero de 2011. Se puede entregarlos por correo postal, correo electrónico, por facsímile, o en el sitio de web del proyecto, a la atención de

> Steve Hands, Planificación Estratégica & Política, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 Correo electrónico: RPM@transitchicago.com Facsimile: (312) 681-4195

Para mayor información: www.transitchicago.com/RPMproject Para informarse en español, llame al (312) 681-2712 Información al cliente: 1-888-YOUR-CTA (1-888-968-7282)



COLLEGE The bridge to a better future El puente hacia un futuro mejor

Licenciatura en

Trabajo Social Títulos Asociados en: **Trabaio Social** Educación Pre-Escola Contabilidad Terapia Respiratoria Consejería en Adicción Psicología Administración de Empresas





773.878.8756

Estamos cerca de usted con cuatro localidades en Chicago:

Clases de día, de noche

Cuidado de niños disponible

Educación bilingije

Puede comenzar sus estudios en español y terminarlos en inglés

para cubrir todo o la

y sábados

de estudio

• Proveemos asistencia mayor parte del costo Asistente Administrativo Sistemas de Informaciór Computarizada Artes Culinarias y más.. Certificados de trabaio 1345 W. Argyle St.













www.staugustine.edu

2610 W. 25th Place 3255 W. Armitage Ave. 11000 S. Ewing Ave. 25

HOY CHICAGO | LUNES 10 DE ENERO 2011 | VIVELOHOY.COM



LIBRA 23 DE SEPTIEMBRE -

22 DE OCTUBRE

muchas ocasiones no las valoramos aunque las tengamos frente a nosotros. Estás en una etapa en tu vida en

odernization

cta

VENGA A ASISTIR A UNA REUNIÓN PÚBLICA DE INVOLUCRAMIENTO

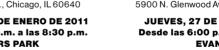
LUNES, 24 DE ENERO DE 2011 Desde las 6:00 a las 8:30 p.m. UPTOWN

St. Augustine College 1345 W. Argyle St., Chicago, IL 60640

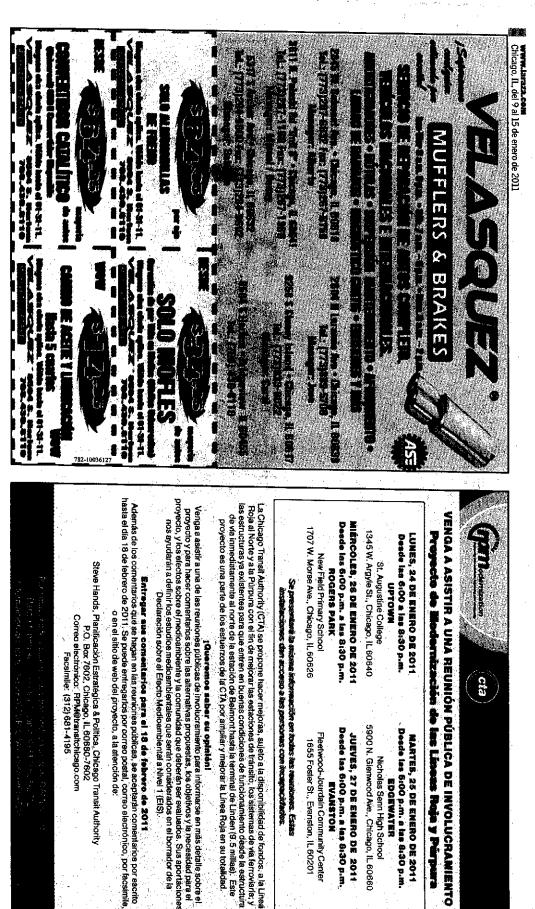
MIÉRCOLES, 26 DE ENERO DE 2011 Desde las 6:00 p.m. a las 8:30 p.m. ROGERS PARK

New Field Primary School 1707 W. Morse Ave., Chicago, IL 60626 EVANSTON

1655 Foster St., Evanston, IL 60201



Se presentará la misma información en todas las reuniones. Estas instalaciones dan acceso a las personas con incapacidades.



Wednesday, January 12, cont'd

Halsted's Bar & Grill: \$5.95 halfpound turkey burger & tots; \$4.50 22oz. Miller Lite draft; \$10 Miller Lite pitchers; \$5 SoCo Lime shots; halfprice bottles/wine.

Hunters/Elk Grove: \$4.50 u-call-its. Jack's on Halsted: Open mic 9pm. Man's Country: \$10 lockers, \$15 single room, \$20 deluxe video rooms; free STD/HIV testing 9pm-midnight by TPAN.

Office/Rockford: \$2

Budweiser/Captain Morgan; karaoke 10pm.

Sidetrack: "Best of Sidetrack Mix" 8pm.

Steamworks: \$7/locker rental 9am-1pm; free HIV testing 7-9pm w/CALOR. Touché: "Bear-Chested" night 10pm. Velvet Rope/Oak Park: \$1 drink specials; dancing entertainment w/Ashley & Gabriel; karaoke 9pm w/Lyndon; no cover.

Organizational Events: BEHIV: Substance abuse support group 5-6:30pm, 1244 W. Thorndale, 773-293-4740, ext. 17; HIV therapy support group 1-2:30pm, 1244 W. Thorndale, 773-293-4740, ext. 29. CALOR: Hombres Apoyando Hombres group 7-9pm for Latino GB men with HIV/AIDS (Spanish): 5038 W. Armitage; 773-385-9080, ext. 223 (Martin). Center on Halsted: "What's Cooking" culinary arts apprenticeship for youth orientation 4:30-7:30pm; HIV-positive support group 6-7:30pm (18-34), Wed. thru March 9; 3656 N. Halsted; 773-472-6469, ext. 478. CDPH: Syphilis testing 8am-4pm; 2861 N. Clark; 312-744-5507. CMA: Meth & meditation closed meeting 6:30-7:30pm, Center on Halsted, 3656 N. Halsted: Ice Breakers closed meeting 7-8pm, Haymarket Ctr., 4753 N. Broadway; 847-341-5348. Gerber/Hart Library: Open 6-9pm; 1127 W. Granville; 773-381-8030. Holy **Trinity Lutheran Church:** Contemplative Eucharist 7pm; 1218 W. Addison; 773-248-1233. Oak Park Department of Public Health: HIV testing/STD testing & treatment, free Hepatitis vaccines, 3-7pm, 708-358-5491 for appt. Rec Room Chicago: AA Living in the Solution 7:30am; AA Big Book 7pm; 4138 N. Sheridan; recroomchicago.org. St. Peter's Episcopal Church: Mass 6pm: 621 W. Belmont: 773-525-0844. SCA: Meeting noon; 773-935-3573. Smelts: Workout 6-7:30pm; Gill Pk., 825 W. Sheridan Rd.; 312-409-4974. TPAN: Oral HIV testing

Wednesday, January 12, cont'd

10am-4pm; Medical clinic 11am-7pm; needle exchange 3-7pm; SHE 7:30-9pm; Yoga 7:30-9pm; 5537 N. Broadway; 773-989-9400.

Thursday, January 13

Crew Bar & Grill: Lunch specials 11:30am-3pm; \$3 draft; \$2.50 chips & salsa; half-price appetizers 4-6pm; karaoke fun time w/Mr. Bill. Halsted's Bar & Grill: \$5.95 buffalo chicken wraps; \$2 Busch Light cans; \$8 Busch Light buckets; \$15 40-oz. "fishbowl" drinks.

Thursday, January 13, cont'd

Hunters/Elk Grove: \$2.75 Bud/Michelob; Hunters Hunks 10:30pm; Laura B DJ. Man's Country: \$10 lockers, \$15 single room, \$20 deluxe video rooms. Office/Rockford: \$2 well/bottle beer/16 oz. draft; DJ 10pm. Sidetrack: "Laugh Track" comedy show 8-9pm hosted by Bradley Thomas, Mark Nabong, Quixotic Sketch Group & Matteo Lane headling; comedy videos 9pm. Steamworks: \$7/locker rental 9am-

1pm; "Lights Out" party 4pm-4am;



availability of funding, to the North Red and Purple Lines. The improvements are proposed in order to bring the existing transit stations, track systems and structures into a state of good repair from the track structure immediately north of Belmont station to the Linden terminal (9.5 miles). This project is one part of CTA's effort to extend and enhance the entire Red Line.

We want to hear from you!

Attend one of the public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help define the environmental studies to be considered in the Tier 1 Draft Environmental Impact Statement (EIS).

Submit a Comment by February 18, 2011

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011. Comments may be submitted by mail, e-mail or fax, with attention to: Steve Hands, Strategic Planning & Policy, Chicago Transit Authority P.O. Box 7602, Chicago, IL 60680-7602 E-mail: RPM@transitchicago.com Fax: (312) 681-4195

Chicago Tribune

Proof

Jan. 07, 2011

Agency:		Order ID:	1509661
Customer:	Kathy Schaeffer & Associates		
Address:	17 N. State Street		
City:	Chicago		
State:	IL 60602	Caller name:	Kim Pool
Phone no:	(312) 251-9928	Fax no:	
Account ID:	576549	Sales rep:	Stephanie Smith
Purchase order no:	CTA Meeting Notice		
Payment type:			

Newspaper Classified

Title	Class.name	Package	Begin Date	End Date	Size	Color	Price
Chicago Tribune	Legal Notices - Government/I	Educatio MD_Legal_Notice	01-10-2011	01-10-2011	1 X 103	No	\$ 1,133.00
						-	\$ 1,133.00
Chicago Transit Authority North Red and Purple Modernization NEPA Scoping Meeting Notice	1				Gross pric	ce:	\$ 1,133.00
The Chicago Transit Authority (CTA) is posing to make improvements, subje the availability of funding, to the North	: pro- ict to I Red				Discounts	:	\$ 0.00
The circle of transit Automy (CLA) is posing to make improvements, subject the availability of funding, to the Nord and Purple Lines. These improvement proposed in order to bring the existin tions, track systems and structures i state of good repair from immediately of Belmont station to the Linden terr This project is one part of CTA's effo extend and enhance the entire Red Line				Net p	Net price*	*:	\$ 1,133.00
CTA and the Federal Transit Administr (FTA) have initiated the federal enviror tal process pursuant to the National	men-				Prepaid a	mount:	\$0.00
tal process pursuant to the National rommental Policy Act (NEPA) and are po- ing a Tier 1 Environmental Impact State (ES) for the project. The ES will build the vision study process that occurred fail 2009 to fail 2010. The Tier 1 ES will planning level EIS that will allow the and ETA to use the NFPA process as	upon from be a CTA				Amount d	lue:	\$ 1,133.00

Information the satisfier public, in the weat and the satisfier set of the public, in the weat papers on the environment. The Ter F1BS to capture any associated of cumulative and the satisfier at the satisfier and the satisfier in the satisfier at the satisfier and the satisfier mather, a Basic Rehabilitation with Transtrack Atemative, a Modernization 3-track themative, and Modernization 3-track themative, and Modernization 3-track themative, and Modernization 3-track escribe the alternatives, the existing envimmental setting, the potential impacts

You are invited to attend a public scoping neeting to learn more about the project and o provide feedback on the proposed alternatives, the purpose and need for the proect, the proposed topics of evaluation and the proposed topics of evaluation and

Monday, January 24, 2011; 6:00 p.m. to 8:30 p.m.; at St. Augustine College, 1345 W. Argyle Street, Chicago, IL 60640 finis location is accessible to people with disabilities and is served by the CTA Red

uesday, January 25, 2011; 6:00 p.m. to 8:30 .m.; at the Nicholas Senn High School, 900 N. Glenwood Avenue, Chicago, IL 0660 his Incation is accessible to people with

Jacomic To No 19 Stores 22, 36, and 34. Wednesday, January 26, 2011; 6:00 p.m. to 3:30 p.m.; at the New Field Primary School 2:37 With Merce Average Chinese 1, 2002

This location is accessible to people with disabilities and is served by the CTA Red Line, CTA bus routes 22 and 155, and Metra UP North Line.

8:30 pm²; at the Heetwood-Jourdain Community Center, 1655 Foster Street, Evantorn, IL 60201 This location is accessible to people with disabilities and is served by the CTA Purple Line, CTA bus route 93, and Pace bus route 208.

In addition to comments received at the meeting, written comments will be accepted until February 18, 2011, and may be submitted via mail, e-mail or fax to. Steve Hands, Strategic Planning & Policy, Chicago, I Transit Authority, P.O. Box 7402, Chicago, I 60680-7602. Email: RPMetransitchicagocom Website: www.transitchicago.com/ RPMProject Fax: (312) 681-495

The test of a forward of the statut of this notice, or if you require an interpreter, including sign language services, or other accommodity relations at this meeting, please contact Jeff Wilson, CTA Government & Community Relations Officer, five days prior to the meeting at (312) 681-2712 or (wilsonduranischicago.com. Information is also available at www.transitchicago.com/

Order ID: 1509661

* Agency Commission not included

Next Round of Public Meetings to Plan Red and Purple Line Improvements to be Held

1/12/2011

The Chicago Transit Authority will conduct the next round of public meetings at the end of January to continue preparation to apply for federal funding for modernization of the Red and Purple Lines. Funding has not yet been identified for any of the potential improvements but the agency continues to advance the planning process in an effort to be fully prepared if funding should become available.

These meetings will provide customers with several different plans for infrastructure improvements based on input gathered from the first round of public meetings held at the end of 2009, and provide the opportunity for members of the public to provide comment. Public input will be used to help identify the environmental studies to be considered in the Tier I Draft Environmental Impact Statement (EIS), one of the steps necessary to make this project eligible to apply for federal funding. The Tier 1 Draft EIS will identify and analyze the plan for all potential corridor-wide improvements that could be implemented as part of the project.

The first set of public meetings was designed to gather public input on existing conditions and issues facing the Red Line North and Purple Line, and to provide information on the Red/Purple Modernization process and estimated timeline.

The four public meetings will be held from 6:00 p.m. to 8:30 p.m. on the following dates:

Monday, January 24, 2011

St. Augustine College* 1325 W. Argyle St. Chicago, IL 60640

Wednesday, January 26, 2011

New Field Primary School* 1707 W. Morse Ave. Chicago, IL 60626

Tuesday, January 25, 2011

Nicholas Senn High School* 5900 N Glenwood Ave. Chicago, IL 60660

Thursday, January 27 2011

Fleetwood-Jourdain Center* 1655 Foster Street Evanston, IL 60201

*All facilities are accessible to people with disabilities.

Written comments will be accepted until Friday, February 18 via fax at 312-681-4195, e-mail <u>RPM@transitchicago.com</u> or by sending written comments to: Steve Hands Strategic Planning & Policy - Chicago Transit Authority PO Box 7602 Chicago, IL 60680-7602

CTA PUBLIC SCOPING MEETINGS

Red and Purple Lines Modernization Project Environmental Impact Statement

The Chicago Transit Authority (CTA) is proposing to make improvements, subject to the availability of funding, to the Red Line (North) and the Purple Line, a distance of 9.5 miles from immediately north of Belmont station to Linden station. The improvements are proposed in order to bring the existing transit stations, tracks, systems and structures into a state of good repair. This project is one part of CTA's effort to extend and enhance the entire Red Line.

Attend one of the Environmental Impact Statement (EIS) public scoping meetings to learn more about the project and provide feedback on the proposed alternatives, the purpose and need for the project and the environmental and community impacts to be evaluated. The input will help shape the content of the Draft EIS.

Monday, January 24, 2011

6pm to 8:30pm St. Augustine College* 1345 W. Argyle Street Chicago, IL

Wednesday, January 26, 2011

6pm to 8:30pm New Field Primary School* 1707 W. Morse Avenue Chicago, IL

*Facility accessible to people with disabilities.

transitchicago.com/RPMproject

Customer Information: 1-888-YOUR-CTA (1-888-968-7282); CTA TTY: 1-888-CTA-TTY1 (1-888-282-8891) Transit Information: 312-836-7000; RTA TTY: 312-836-4949

Tuesday, January 25, 2011

6pm to 8:30pm Nicholas Senn High School* 5900 N. Glenwood Avenue Chicago, IL

Thursday, January 27, 2011

6pm to 8:30pm Fleetwood-Jourdain Community Center* 1655 Foster Street Evanston, IL



